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SPECIAL

CONSUMER CONNECT INITIATIVE

FOR A SOCIAL CAUSE

Over the years, the focus of Republic Day celebrations has shifted more and more towards social issues



all the more significant for us to celebrate Republic Day with great nationalistic fervour. While flaghoisting ceremony and cultural programmes are organised in governmental and non-governmental institutions, housing soci-

> ing it implies paying a tribute to it. Today, besides organising cultural programmes, some like-minded people use this occasion to spread social messages relevant to the current envi- issue of food wastage which ronment.

ular when it comes to cele- weddings. Furthermore. brating Republic day. Bikers many housing societies ride around the city spread- have been spreading awareing a social messages to the ness about garbage segrecitizens. This year a group gation. "For the past three of bikers is organising rides years, women from our area to spread the spirit of patri- have been getting together otism among masses and and raising awareness make them realise the about not throwing garbage importance of the day, on the streets. This year we Shammi Sethi, an avid bicy- are planning to raise the cle enthusiast, says, "I have issue of women's safety as not missed a single ride till there have been increasing date. This day reminds me crimes against them in the of the struggle of the free- area," states Nishi Adhikari, dom fighters who sacrificed a local resident. their lives for our country. It inspires me a lot to some-

thing for our nation."

Showing their concern towards reducing green cover, a group of environmentalists is organising bicycle rallies where the riders would be planting trees and seeds in the area. According Sharad Shah, one of the organisers of the event, the plan is to drop a seed bomb which is a technique of introducing vegetation by throwing or dropping seed balls on lands that are off limits or barren, "We want people to do something which would be beneficial to the community in the long run," he adds.

Another group is organising a marathon to spread awareness about the importance of food and raise the is rampant in restaurants Bike rallies are quite pop- and during festivals and

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-INDIAN NAVY SALUTES WINNERS OF DISTINGUISHED SERVICE AND GALLANTRY AWARDS ON THE OCCASION OF 26 JAN 19 PARAM VISHISHT SEVA MEDAL

VAdm Ajit Kumar Payyapillil, AVSM, VSM (02275-W) VAdm Gurtej Singh Pabby, AVSM, VSM (40869-H) VAdm Ajay Kumar Saxena, AVSM, VSM (50763-W)

ATI VISHISHT SEVA MEDAL

VAdm Badhwar Vinay, NM, (02437-N) VAdm Sunil Anand, NM (02585-Z) RAdm Naithani Sandeep, VSM(50884-W) RAdm Ravindra Jayant Nadkarni, VSM, (02602-N) RAdm Kapil Mohan Dhir, VSM, (02785-B) RAdm Makarand Arvind Hampiholi, NM, (02859-Y) RAdm Dinesh Kumar Tripathi, NM, (02904-Z)

NAO SENA MEDAL (GALLANTRY)

Cdr T Anup Kumar (04356-Z) Cdr Vijay Varma (04799-F) Lt Cdr Manu Mishra (06671-K) Amit, NA I (FD) No 233675-F

Cdr Hari Govind R (04387-W) Lt Cdr Shirish Shivnath Pavale (06242-K) Pramendra Kumar, CPO(CD) No 122271-R

NAO SENA MEDAL (DEVOTION TO DUTY)

Rear Admiral Suresh Kumar Grewal, VSM, (02756-N) Cmde Subir Mukherjee, (41401-T) Cmde P A Abdul Rahiman Sadiq, (51229-B) Cmde Singh Jaswinder, (03504-N) Capt Dharmendrasinh J Revar, (03808-B) Cmde Raju Mandapati Murali Mohan, (03614-N) Capt Ashwin Arvind, (04266-W) Cmde Sunil Kaushik, (41398-K) Cdr Abhilash Tomy, KC (04988-K)

VISHISHT SEVA MEDAL

RAdm Sanjay Misra, (02767-N) RAdm Mohit Gupta, (03038-B) RAdm Vishwanathan R,(50947-N) Cmde Dinesh Singh, (03348-H) Cmde Deepak Kumar, (03392-H) Cmde Sai Venkat Raman, (03565-A) Cmde Ashutosh Ridhorkar, (03664-A) Cmde Misra Manish, (03696-Z)

Cmde Janak Bevli, (03748-T) Cmde Kalyana Venkatraman, (03841-B) Cmde Sanjeev Dureja, (41332-K) Cmde Indrajit Dasgupta,(51105-Y) Capt Ravi Kumar Dhingra, (03852-B) Capt Susheel Menon, (03939-A) Surg Capt Gorur Krishnamuthy Shreeram, (75622-T) Satyanarayan, MCPO I, No 164116-T

INDIAN NAVY - MISSION DEPLOYED AND COMBAT READY

Inculcating patriotism among children

It is the duty of parents to inculcate patriotism among their children at an early age and make them responsible citizens

Purnima Goswami Sharma

arents play an important role in inculcatpatriotism in children and nurturing them to be responsible future citizens. Besides acquainting them to Indian festivals and explaining culture and traditions, it is also important to inculcate patriotic values and tell them about our national days such as Republic Day and Independence Day.

"Engaging a group of children in a skit where they enact freedom strug- like a badge. gle events can enhance the Anita Agarwal, parent and gests Agarwal. a pre-school teacher.

their homes, or wearing it try to take our kids to vari-



child's understanding of patriotic songs at home or we went to Amritsar and historical events. Parents watching a patriotic movie showed them the Wagah should encourage children together is a fun way to border and it was a wonto stand for the National connect your child to the derful experience to watch Indian national symbols colour for the celebration one feel so proud of our like the national animal, is another way to reinforce nation." national flower, and love for the motherland. In national flag adds to the school, children can be ents should practice what child's knowledge and encouraged to dress like they preach and set an makes him or her to be freedom fighters and be example for their children proud of his country," says part of celebration," sug- in order to make them

There are many creative plan a trip with their child child to always throw activities that parents can to historical places to give garbage in a dust bin and indulge in with the children them the knowledge about not to litter the roads, they at home. Most basic of all Indian history. Pratiksha should follow the same as is drawing the national flag Bansal, mother of two well. and proudly displaying it in teenaged kids, says, "We

ous historical places in the "Listening and dancing to country. Last winter break, Anthem whenever it is country. Meals reflecting the parade and the Retreat played, and should talk the tricolour can also be a ceremony with loud and about the Indian value sys- part of the day's celebra- clear slogans of Bharat tem. Speaking about the tions. Dressing in a tri- mata ki jai; all these make

> Most importantly, parresponsible citizens. For Moreover, parents can instance, when one tells a

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