

**THE EDITORIAL PAGE**

**HOW GST IS BEING FINE-TUNED**  
BY SUSHIL KUMAR MODI  
PAGE 12

**BUSINESS AS USUAL**



**EXPRESS NETWORK**

**BIDAR SCHOOL SEDITION: COURT GRANTS BAIL**  
PAGE 7

**ADJUSTED GROSS REVENUE DUES**

## Govt relief to telecom firms angers SC: all dues must be paid, no one will be spared

Where is the law, says bench headed by Justice Arun Mishra, cites money power, warns action against DoT officer

**AASHISH ARYAN**  
NEW DELHI, FEBRUARY 14

THE SUPREME COURT Friday came down heavily on the Department of (DoT) Telecommunications as well as telecom companies such as Bharti Airtel and Vodafone Idea for failing to comply with its October 24, 2019 judgment on payment of dues under the adjusted gross revenue (AGR) head and said that the way everyone was behaving suggested there

was "no law left in the country". "What is happening in this country? What is the law? What is the respect for Supreme Court's order? We had dismissed the review. But not even a penny has been deposited so far. And there is a stay passed by the desk officer of your government," a three-judge bench headed by Justice Arun Mishra observed.

The bench also included Justice S Abdul Nazeer and Justice M R Shah.  
**CONTINUED ON PAGE 2**

**EXPLAINED**  
**E** Could hit quality of services

THE PAYMENT of Rs 1.47 lakh crore by telcos could lead them to cut investment in operational infrastructure which could hit quality of services for consumers. It could result in further consolidation of a sector that has already been reduced from 10 telecom operators to just three — with Vodafone Idea the most hit.

## DoT scrambles for cover, Bharti says will pay Rs 10,000 cr by Feb 20

**PRANAV MUKUL & AASHISH ARYAN**  
NEW DELHI, FEBRUARY 14

THE DEPARTMENT of Telecommunications (DoT), which had taken a slew of decisions to mitigate the telecom sector's pain emanating from Rs 1.47 lakh crore in AGR-related payments, went on the backfoot after it received a rap on the knuckles

from the Supreme Court. It is learnt that until Thursday, telecom operators were engaged with the DoT to seek relief. Their main argument: the poor financial health of the sector which could be further affected because of the dues.

But soon after the apex court's hearing wrapped up just before noon, top officials of the DoT, including Telecom **CONTINUED ON PAGE 2**

**VIVAD SE VISHWAS SCHEME**

## I-T is given a target to collect: Rs 2 lakh crore by March end

Bill to be cleared only in March, raises concerns over taxpayer harassment

**KHUSHBOO NARAYAN**  
MUMBAI, FEBRUARY 14

TWO DAYS after Prime Minister Narendra Modi raised the issue of too few Indians paying income tax, the government has set a daunting collection target of Rs 2 lakh crore for the Income Tax department through the new amnesty scheme Vivad se Vishwas in the next 45 days ending March 31, 2020 even as the scheme ends only in June 2020, sources told *The Indian Express*.

which is expected to meet once a week to monitor collections under the scheme, sources said.

The Vivad se Vishwas scheme aims to settle as many as 4,83,000 direct tax cases pending in various appellate forums i.e. Commissioner (Appeals), ITAT, High Courts and Supreme Court.

The stress on tax collection through Vivad se Vishwas scheme assumes significance as sources said the tax department is starting at a shortfall in revenue collection of up to Rs 1.25 lakh crore this fiscal despite the Union Budget 2020 revising direct tax collection for 2019-20 to Rs 11.80 lakh crore from the earlier target of Rs 13.35 lakh crore.

The I-T department has so far collected only Rs 7.40 lakh crore in direct taxes, said CBDT chairman Mody last week.

Originally, the Bill proposed that a taxpayer would be required to pay 100 per cent of amount of the disputed taxes and get complete waiver of interest and penalty provided he pays by March 31, 2020. Now, the Cabinet has passed this amendment to **CONTINUED ON PAGE 2**

## In Muzaffarnagar protest case, ADM is prosecution, jury and judge combined

**KAUNAIN SHERIFF M**  
MUZAFFARNAGAR, FEB 14

IT IS a case of the judge, jury and prosecution rolled into one.

On Wednesday, the Muzaffarnagar Additional District Magistrate (ADM) ordered 53 people to pay a total of Rs 23.41 lakh for damage caused to property during an anti-CAA protest on December 20. ADM Amit Singh issued the orders a month after he had issued notices seeking replies from them.

Of the 53, 50 had responded to the notices but records accessed by *The Indian Express* show glaring gaps in due process.

For one, the ADM did not allow the defence to cross-examine the police on explanations and evidence submitted by



Muzaffarnagar saw protests against CAA on Dec 20. File

those asked to pay up. Neither did he detail the evidence placed on record by the accused. Instead, the ADM's final executive order only states that the accused have refuted all the allegations.

The order does not even give any detail about which accused was involved in the destruction of a particular public property. **CONTINUED ON PAGE 2**



## PULWAMA, ONE YEAR LATER

CRPF personnel pay tribute to colleagues killed in the Pulwama attack, at a memorial at Lethpora, J&K, Friday. Reuters **PAGE 6**

## Dalit MPs want Indian Judicial Service with quotas, I support demand: Paswan

**HARIKISHAN SHARMA**  
NEW DELHI, FEBRUARY 14

IRKED BY the Supreme Court observations on reservation not being a fundamental right, Dalit MPs across party lines met at Union Food Minister Ram Vilas Paswan's residence recently and favoured the creation of an Indian Judicial Service (IJS) with reservation.

Speaking to *The Indian*

*Express*, Paswan said: "All the MPs who attended the meeting demanded reservation in the judiciary and the creation of an Indian Judicial Service because whenever a matter related to the weaker sections goes to the Court, it gets stuck."

"Article 312 of the Constitution provides for the creation of an all-India Judicial Service. It should be on the lines of Indian Administrative Service and Indian Police Service and the se-



Dalit MPs from across parties met at his house recently

lection process of the Indian Judicial Service should be transparent through a competitive examination with proper reservation", Paswan added.

When asked if he supported

the MPs idea, Paswan said, "I support the creation of Indian Judicial Service on two counts: first, it should have transparency because the present system of collegium lacks it; and, second, it will have representation of all sections of the society."

Asked if he would discuss the demand of the IJS with the Union Law Ministry, he said: "The matter has gone forward. The Centre has given a positive reply about **CONTINUED ON PAGE 2**

## Can't label anti-CAA protesters traitors...need to protect rights: HC

**SADAF MODAK**  
MUMBAI, FEBRUARY 14

SETTING ASIDE an order by the Additional District Magistrate against allowing protests in Maharashtra's Beed, the Aurangabad Bench of the Bombay High Court said that those protesting against the Citizenship (Amendment) Act "cannot be called traitors, anti-nationals only because they want to oppose one law".

The Court said that an agitation cannot be suppressed only on the ground that people are agitating against the government. It also asked the bureaucracy to "keep in mind" that when people believe that a "particular Act is an attack on their rights... they are bound to defend that right". And underlined that it is not for the Court "to ascertain whether the exercise of such

right will create a law and order problem".

Granting relief to petitioners who were seeking permission to sit at a location for an indefinite agitation, the Court noted they had given an undertaking that no slogans would be raised against the country, any religion, or unity and integrity of the nation.

"The submissions made show that there will be no question of disobedience of provisions of CAA by such agitation. This Court is expected to consider the right of such persons to start agitation in a peaceful way. This Court wants to express that such persons cannot be called as traitors, anti-nationals only because they want to oppose one law. It will be an act of protest and only against the government for the reason of CAA," the Division Bench of Justices T V Nalawade and M G Sewlikar said Thursday. **CONTINUED ON PAGE 2**

## Elgaar Parishad case against activists sent to NIA court, Pawar criticises state govt

**CHANDAN HAYGUNDE, AJAY KHAPE & SANDEEP ASHAR**  
PUNE, MUMBAI, FEBRUARY 14

EVEN AS a Pune court on Friday ordered transfer of the Elgaar Parishad case records to a special NIA court in Mumbai, NCP chief Sharad Pawar criticised the state

government for clearing transfer of the case.

Speaking to reporters in Kolhapur, Pawar said: "As per the Constitution, law and order is a state subject. It is wrong to take away the rights of the state... It was not right for the Centre to hand over the investigation into the case to the NIA. But it was **CONTINUED ON PAGE 2**

**WORLD**



**CORONAVIRUS: THIRD INDIAN TESTS POSITIVE ON SHIP OFF JAPAN COAST**  
PAGE 14

## You didn't act, why blame us: EC sends a letter to ex-CEC over his critical piece

**EXPRESS NEWS SERVICE**  
NEW DELHI, FEBRUARY 14

NEARLY A week after former Chief Election Commissioner SY Quraishi wrote in *The Indian Express* that the Election Commission should have ordered the lodging of FIRs for hate speeches made during the Delhi campaign, the poll panel, in a highly unusual move, has



Quraishi's article in *Express*

written to him pointing out that no legal action was taken during his tenure as CEC under the

Representation of the People Act and the IPC for violation of Model Code of Conduct.

"Election Commission is planning to publish a compilation of actions taken against violators of Model Code of Conduct (MCC) in General Elections of Assembly and Parliament during last 20 years starting back from 11 February, 2020, when the results of General Elections **CONTINUED ON PAGE 2**

**PAGE 1 ANCHOR**

## For overseas job aspirants, Punjab govt pitches to be an agent too

To curb cases of cheating by recruitment agencies, state wants to be direct link between employers & job seekers

**NAVJEEVAN GOPAL**  
CHANDIGARH, FEBRUARY 14

WITH THOUSANDS of youngsters getting duped by unscrupulous recruitment agencies, the Punjab government has now decided to act as a direct link between overseas employers and job aspirants.

Rahul Tewari, Employment Generation and Training Department Secretary in Punjab, told *The Indian Express* the state

has applied with the Ministry of External Affairs (MEA) to register as a 'Recruiting Agent'. It has deposited a bank guarantee of Rs 50 lakh with the Protector General of Emigrants, the registering authority under the MEA.

Tewari said the MEA has already carried out a verification process. "The state government has earmarked office space for the proposed RA cell at Ghar Ghar Rozgar Society in Punjab Mandi Board office at Mohali," he said.

The focus countries, to begin with, will be countries in the Middle East, Tewari said.

Simultaneously, the state is in the process of establishing a Study Visa Foreign Facilitation Cell to assist students planning to go abroad for higher studies. "We are hopeful to send the first batch of students abroad on study visas in around six months. The focus countries would be Canada, followed by Australia and New Zealand. We want the students to go to the



Emigration coaching centres in Ludhiana. Gurmeet Singh

right universities, and not get fleeced," said Tewari.

With little or no expertise in these areas, the state government is also planning to engage experts on contract. "We plan to recruit 10 Foreign Placement Executives with prior experience in the field of providing manpower to foreign employers and assisting students for study visas," said Tewari.

Experts in this area, however, expect high salaries. "We are trying to sort this out," said Tewari.

The main reason for government intervention was felt following many complaints of fraud by youngsters who were

cheated by agents. Over the last three years, 3,200 cases were registered against unscrupulous travel agents and agencies under the Punjab Prevention of Human Smuggling Act, Punjab Professional Regulation Rules 2013, Emigration Act, 1983 and under Section 420 (cheating) of the Indian Penal Code.

While exact numbers are not available with the government, many attempt to enter countries through illegal routes. Just last year, a large number of illegal immigrants were deported by the United States back to Punjab.

Initially, the Punjab government was planning to outsource

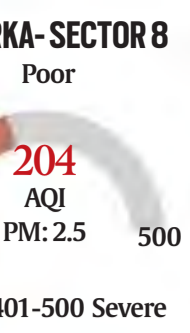
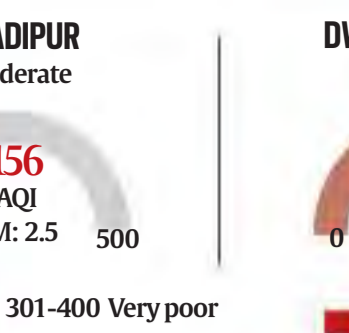
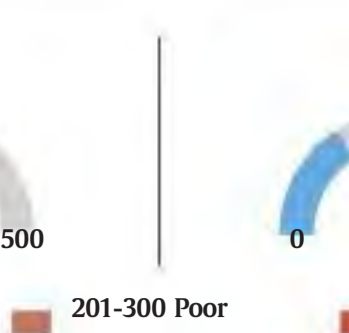
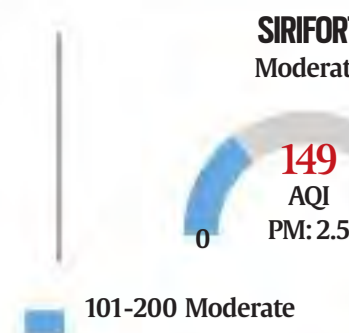
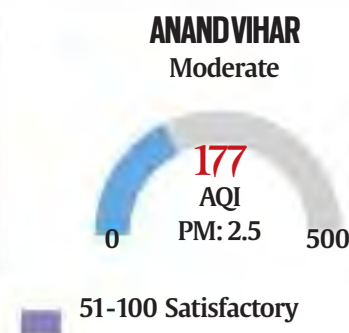
the process of RA-cum-Student Visa Facilitation Cell and floated a tender. It never opened the bids. Later, it planned to hire a consultant for a research paper on the subject, but dropped that idea too. Eventually, it decided to register itself as a 'Recruiting Agent'.

As on date, there are 75 certified Recruiting Agents in Punjab, with Jalandhar leading the pack with 26 RAs. Mohali has 14, Hoshiarpur 13, Ludhiana 5, Chandigarh 4, Ropar 3, Bathinda and Gurdaspur two each. Amritsar, Barnala, Kapurthala, Moga, Patiala and Nawanshahr too have a 'Recruiting Agent' each.





0-50 Good



## SC lifts construction ban across Delhi-NCR

PRESS TRUST OF INDIA NEW DELHI, FEBRUARY 14

THE SUPREME Court Friday completely lifted the ban on construction activities in Delhi-NCR. On November 4 last year, it banned all construction and demolition activities in the region due to the severe air quality.

On December 9, it lifted the ban partially and allowed construction activities between 6 am and 6 pm, after the Central Pollution Control Board had said the air quality index level was not 'severe' at the time.

On Friday, the matter came up before a bench of Justice Arun Mishra and Justice Deepak Gupta. Senior advocate Aparajita Singh, an amicus in the matter, told the bench the ban should be completely lifted as it has served its purpose. The bench, which was hearing a plea by the India Trade Promotion Organisation, lifted the ban. It also issued notice to the Delhi government and sought its response on a separate plea, which said cases of garbage burning were still prevalent despite the ban.

It asked the chief secretaries of Delhi, Haryana, UP and Rajasthan to file affidavits on compliance of the court's directions in orders passed earlier regarding measures on curbing pollution, stubble and garbage burning.



The ban was imposed on November 4 last year. Archive

## POLICE SAY ALL 3 IN CUSTODY, CHEATED 3,997 INVESTORS

# Three cite DDA policy to dupe people of Rs 400 crore

EXPRESS NEWS SERVICE NEW DELHI, FEBRUARY 14

SENDING BULK messages to their customers such as "buy land under DDA's policy at Rs 20 lakh in Dwarka's posh area," and luring them with photos of properties in Dwarka, three men allegedly duped over 3,997 people of Rs 400 crore. The trio were arrested by Delhi Police's Economic Offences Wing (EOW) Thursday.

Police said the accused are from a real-estate firm called Rewanta Multi-State CGHS Ltd and were identified as Satender Maan (ex-president of Rewanta),

Pradeep Shehrawat (president of Rewanta) and Subhash Chand (secretary).

The accused allegedly told people the DDA provided them with a portion of land and they are selling it under the Land Pooling Policy (LPP).

The policy was started by DDA to ensure availability of sufficient houses under the planned development model in Delhi. Though no licence was issued to builders and promoters, several people have duped others under the garb of this scheme. Police said in the present case, the accused showed people pictures of properties under this scheme and would ask

money for 'advanced booking'.

"They would charge Rs 10 crore for an acre of land and innocent buyers, who thought the DDA would provide them with good housing, would give the money," said a senior police officer. Police said the fake project, called "Smart Residency", was proposed to 3,997 investors.

JCP (EOW) Dr O P Mishra said, "An FIR was registered based on a complaint of a buyer, who said he was cheated to the tune of Rs 20-30 lakh. We started investigating and found the three men were selling land under DDA's proposed land-pooling policy. While we were probing the mat-

ter, we found the accused men had collected over Rs 400 crore under the garb of the scheme."

"After taking money from investors, the accused would delay authorisation papers or the procedure... Hence, many people would invest more money so they could book their slot in the housing society," said the officer.

Police said a report from DDA says it has not issued any licence to Rewanta. Police also found that the accused were involved in more than 16 cases of cheating and had been duping people under the garb of LPP for years.

The accused were produced in court on Friday.

## At Shaheen Bagh, barricades on alternate routes add to congestion

JIGNASA SINHA NEW DELHI, FEBRUARY 14

AS THE Shaheen Bagh anti-CAA protest enters its second month, police are looking into security arrangements near the area after the Supreme Court Monday asked them to submit a status report on the same on February 17. This was in effect to several complaints filed against protesters for causing "road blockage".

The protest, led by women, has been on since December 15 at Road 13A, between Mathura Road and Kalindi Kunj. It, however, has hit traffic between Delhi and Noida as police have barricaded several stretches, including Road 13A. Though protesters occupy only one side of the 800-metre road, the other side is also



blocked, with only ambulances and school buses allowed to pass.

DCP (South East) R P Meena said, "The other side of 13 A is blocked as protesters walk around there. It is part of security arrangements." Police also placed barricades near Kalindi Kunj Metro station — blocking the Kalindi Kunj Khadar Road—after incidents of firing and pro-CAA

rallies at the site.

UP Police also put barricades on the Kalindi Kunj bridge, which connects Noida and Delhi, blocking Meethapur Road. Rajesh S, DCP (Traffic), Noida Police, said: "The barricades make people aware of the blockage ahead... Even if they cross ours, they can't go further because of Delhi Police barricades. When they remove

their barricades, we will remove ours." These additional roads, though narrow, could have lessened traffic congestion. Security was stepped up after a man fired at the site on February 1. Near the Shaheen Bagh T-point, police teams guard both sides of the road while there is another barricade 250 metres ahead.

One of the protest organisers Abid Sheikh said, "Police can remove barricades near Kalindi Kunj station... We only want police protection."

On Friday, actors, stand-up comedians and singers, including Ratna Pathak Shah, Varun Thakur, and Aditi Mittal, visited JNU to celebrate Valentine's Day by declaring their love for the country. Director Anurag Kashyap also visited Jamia and Shaheen Bagh to support the protests.

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Subu R Commissioner (LD)

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### Bag pick-up & drop service at IGI airport

New Delhi: The IGI airport Friday launched a doorstep luggage pick-up and drop service for flyers. The service, launched in collaboration with a Bengaluru-based company, is mainly aimed at passengers from Noida, Gurgaon or NCR, who want to travel in the city without worrying about their luggage. A DIAL spokesperson said, "With this, passengers can travel hassle-free while they are travelling to and from Delhi airport, as they no longer need to worry about their heavy bags." To avail the service, flyers can visit the website of the company, Carter X. ENS

### NO CHANGES IN CABINET FROM PREVIOUS TERM

# Kejriwal invites PM to swearing-in tomorrow



Preparations for the ceremony in full swing at Ramlila Maidan Friday. Praveen Khanna

### EXPRESS NEWS SERVICE NEW DELHI, FEBRUARY 14

AAP CHIEF Arvind Kejriwal has invited Prime Minister Narendra Modi and the seven Delhi MLAs (all from BJP) and the eight BJP MLAs to attend his swearing-in ceremony at Ramlila Maidan Sunday. The Prime Minister, however, is not expected to attend as he is scheduled to be in his constituency, Varanasi, on Sunday.

Other than Kejriwal, the six ministers who were part of the previous cabinet — MLAs Manish Sisodia, Satyendar Jain, Gopal Rai, Imran Hussain, Rajendra Pal Gautam and Kailash Gahlot — will also be sworn in on Sunday. Delhi, as per rules, can have only a seven-member cabinet.

A notification was issued by the President Friday, appointing the seven to the cabinet. In Delhi, swearing-in can happen only after an intimation about the MLAs in cabinet is sent to the President through the L-G and MHA.

The Directorate of Education also issued a circular Friday, inviting department officials, faculty at DIET and SCERT, heads of all schools along with 20 teachers each, all mentor teachers and vice-chairpersons of school man-

agement committees to attend the ceremony. "Attendance of officers of the directorate, DIET and SCERT will be compiled at entry gate," said the circular.

Heads of schools have to compile the list of attendees and send it to the deputy directors of education in their areas by Saturday.

AAP, through advertisements and posters across the city and on radio, has invited Delhi to attend the ceremony. CMs of other states have not been invited.

According to AAP sources, by keeping the ceremony restricted to Delhi leaders and the public, the party is consciously creating a distance between itself and other Opposition parties. Since it is the principal opposition in Punjab, party members intend to keep at bay any awkwardness of sharing stage with Punjab CM.

"We want the ceremony to be about the people of Delhi, especially our teachers. This is a celebration for Delhi and its people," said an AAP leader. A senior leader said, "We have received a resounding affirmation that there is a place for our kind of policies and politics in the country. We don't want to get distracted as we have to work on the organisation in Delhi and in other states, starting with consolidation in Punjab."

### 'AAP will fight local body polls across India'

### PRESS TRUST OF INDIA NEW DELHI, FEBRUARY 14

THE AAM Aadmi Party has decided to contest all elections to local bodies across the country as part of an ambitious plan to expand its footprint beyond the national capital.

In an interview to PTI, senior AAP leader Gopal Rai said the party has convened a meeting of its national executive on Sunday to deliberate on expanding the party by projecting its "positive nationalism".

Rai said the party has set its sights on contesting assembly elections in a number of states, including Punjab, in the first phase. "The agenda of Sunday's meeting is to expand our organisation at the national level by including volunteers in large numbers and building party cadre across the country," he said.

Rai said people will be able to join AAP's 'nation building campaign' by giving a missed call on the number — 9871010101.

# Infighting, slogans under lens as BJP dissects poll loss

### EXPRESS NEWS SERVICE NEW DELHI, FEBRUARY 14

IN A series of meetings held on Friday by the BJP to discuss reasons behind its rout in the Delhi Assembly polls, local leaders claimed chances of several candidates were hurt as those aspiring for tickets campaigned against them. "There are reports of some aspirants campaigning against candidates, including some cases where the leaders brought in crowds to rallies but asked them to vote for other parties," said a senior leader.

The meetings were attended by Delhi BJP president Manoj Tiwari, national general secretaries Arun Singh and Anil Jain, and Delhi unit organisation secretary Siddharthan, assembly segment 'vistaraks', in-charges and conveners.

According to a senior BJP leader, many gave feedback that the party did not handle issues



Nadda has sought a report from the state unit

such as the AAP government's free schemes and the anti-citizenship law protest at Shaheen Bagh properly. "Statements...of some leaders calling Arvind Kejriwal a 'terrorist' and slogans to 'shoot the traitors' did not go down well with people, especially the youth. This was expressed in the meetings," said the leader.

Another leader added, "There were plans to introduce subsidised services like water and power, health, education and

transport facilities for economically weaker sections but the idea wasn't included in the manifesto."

The manifesto was also delayed, which led to many proposed initiatives — like scooters for college women from poor families and flour for Rs 2 per kg — not reaching the public, he said.

"It was also noted that candidate list was announced late, and they were given a short time to campaign," said the leader.

Tiwari said the exercise will be completed in next three-four days and a report will be submitted to the national leadership.

On Thursday, Tiwari had met party president J P Nadda and general secretary (organisation) B L Santhosh to discuss the poll result. Sources said Tiwari had told Nadda that one of the reasons behind the defeat is that the party was not prepared for the poor show by the Congress. The state unit has now been directed to prepare for a direct contest with AAP in future, said sources.

# 200 NDMC staff report money stolen from bank accounts

### PRESS TRUST OF INDIA NEW DELHI, FEBRUARY 14

BANK ACCOUNTS of more than 200 employees of New Delhi Municipal Council (NDMC) were allegedly hacked and money siphoned off in the first week of February, police said Friday.

Though police have received only two complaints of online fraud from the employees, the NDMC employees union claimed more than 200 employees lost their money after being cheated online. "We have received two complaints in the matter and forwarded it for necessary action," said a senior police officer.

The employees' union, in a letter to the NDMC chairman, raised the issue that its members lost money amounting to lakhs of rupees that was withdrawn by unknown people through ATMs at different locations.

According to police, these seem to be cases of forgery done by cloning of ATM cards.

The union, in its statement, said, "Mostly (these are) cases of frauds conducted from SBI accounts. Now, approximately more than 200 employees are suffering as they lost their money that was illegally withdrawn from different locations of Delhi-NCR and, in some cases, the money has been withdrawn from cities in South India."

The first incident came to light on February 9 when Amir Yadav, an NDMC employee, registered an FIR at Parliament Street police station and the State Bank of India saying he lost Rs 15,000 from his salary account.

"On February 2, I withdrew money from an ATM near Regal in Connaught Place. On February 7, at 8.20 pm, two illegal transactions of Rs 10,000 and Rs 5,000 were made from my account. I immediately blocked my cards and made an FIR," said Yadav.

### BRIEFLY

### Bribery case: OSD moves court for bail

New Delhi: Gopal Krishna Madhav, an officer on special duty, moved a bail plea before a Delhi court, stating the CBI arrested him with "extraneous reasons just a day before the Delhi elections".

### Driver held for harassment

New Delhi: A driver working for a cab aggregator was arrested for allegedly making obscene gestures at a woman, who boarded his car in Gurgaon.

### NHRC notice to Delhi govt

New Delhi: The NHRC has issued a notice to Delhi government over reports that some children have to cross the Yamuna by boat everyday to attend school, putting their lives in danger, officials said on Friday. PTI

# Gargi row: 2 more held, cops ask victims to come forward

### EXPRESS NEWS SERVICE NEW DELHI, FEBRUARY 14

DELHI POLICE Friday arrested two more men, aged 19 years old, in connection with the alleged molestation of students during a cultural festival at Delhi University's all-women Gargi College last week. The same day, 10 men who were arrested earlier in the case were released on bail.

DCP (South) Atul Kumar Thakur, "They are out on bail as they were booked under sections of trespass. We have requested students of Gargi College to give statements under Section 161 of the CrPC, after which a statement will be recorded before a magistrate. After this, a test identification parade will be conducted to establish the molestation charges."

Students have alleged that outsiders forcibly entered campus and allegedly groped them during the festival.

Meanwhile, the Delhi High Court declined to give an urgent hearing on a petition seeking a court-monitored CBI investigation into the incident. The plea was mentioned before a bench



Students alleged they were molested during a cultural festival last week

of Justice G S Sistani and Justice C Hari Shankar, which said it will be listed for hearing on Monday.

Earlier in the day, the college said it had taken various steps to address "anxieties and concerns" of students and to "mitigate" their trauma.

"To mitigate the trauma and address the anxieties and concerns of the student body, after the regrettable incidents of February 6 during the Gargi College annual festival...the college administration has taken the following steps

"The students have been encouraged to express their concerns and asked to (pose) questions fearlessly. Two face-to-face interactive sessions have been held, in which the principal and teachers held an open dialogue with the student body and answered all their questions," said the college in a statement.

The college also said a "staff association and a staff council meeting have been organised to brainstorm about redressal mechanism and future course of action".

"A fact-finding committee has been set up, comprising elected faculty members and student representatives, which will independently investigate and recommend the security and sensitivity protocols," the statement added.

Sumit Raj, in-charge of the media cell, said students had been given time till Saturday to submit all testimonials and video/image proof to the committee.

On whether there was a deadline for the committee to submit a report, he said, "They are working day and night and they will do it soon."

# SC rejects Dec 16 convict's plea challenging clemency rejection

### EXPRESS NEWS SERVICE NEW DELHI, FEBRUARY 14

THE SUPREME Court Friday dismissed December 16, 2012, gangrape-murder case convict Vinay Sharma's petition challenging the rejection of his mercy plea by President Ram Nath Kovind.

A bench of Justices R Banumathi, Ashok Bhushan and AS Bopanna said "we do not find any ground for exercise of judicial review of the order of the President of India".

The bench also fixed February 20 to hear an appeal filed by the Centre and NCT government against the Delhi High Court order upholding the stay on the execution of the four convicts.

In a related development, the top court also has issued certain

### Judge collapses in courtroom

New Delhi: Justice R Banumathi momentarily collapsed in her chair while dictating order in the plea by Centre and NCT government challenging the HC order upholding the stay on execution of the December 16, 2012, gangrape-murder convicts. The other judges and security personnel quickly came to her aid and after some moments, she regained composure. ENS

guidelines intended to speed up the hearing of death penalty appeals. According to this, a Special

Leave Petition (SLP) against a HC order confirming death sentence will be listed before a three-judge bench "not later than six months...from the date of grant of leave, irrespective of the fact that the appeal is ready or not". As soon as the SLP is filed, SC Registry will send a communication to the HC asking it to furnish records within 60 days or such time as the SC may fix.

In his plea challenging rejection of mercy petition, Sharma had contended that authorities had withheld relevant material from the President.

Rejecting this, the bench which perused the file which was placed before the President said the Union Home Minister "applied his mind and by a speaking order, recommended for rejection of the mercy petition".

Tender for Engagement of Private Security Agency for Providing Ex-Serviceman Armed/ Unarmed Guards for Branches/ATMs under Zonal Office Gurgaon. Punjab & Sind Bank.

CENTRAL UNIVERSITY OF HARYANA Mahendragarh - 123031. EMPLOYMENT NOTICE. Online applications are invited from the eligible candidates for appointment to various teaching posts.

DEBTS RECOVERY TRIBUNAL-I, DELHI. 4th FLOOR, JEEVAN TARA BUILDING, PARLIAMENT STREET, NEW DELHI-110001. OANO.815/2018. Date: 04.02.2020. UCO BANK Applicant. Versus Respondents: MANISH KUMAR SAHAY & ORS.

INFORMATION WANTED. Reference CID P.S. Case No. 21/2018, U/S 365 IPC, Sri Bhushar Kakoti age about 33 years, S/O Late Suren Kakoti of Vill- Court Road Golaghat, P.S. & Dist. Golaghat, Assam.

ESIC Chintu Se Mukhi. Employees State Insurance Corporation. Proceedings under Section 45 A of the ESI Act. PUBLIC NOTICE. Where proceedings under section 45 A of the ESI Act were initiated against the below mentioned Factory(s) Establishment(s) and whereas, the below mentioned Employer(s) neither appeared for personal hearing on the appointed date nor submitted any representation.

WALK-IN-INTERVIEW IN CRPF FOR ENGAGEMENT OF CLINICAL PSYCHOLOGIST FOR VIP SECURITY DUTIES. Suitable and willing Male & Female candidates may attend WALK-IN-INTERVIEW for engagement of clinical psychologist on Contractual Basis as mentioned below:









DAY BEFORE VALENTINE'S DAY

40 college girls administered oath against love marriage

VIVEK DESHPANDE NAGPUR, FEBRUARY 14

ABOUT 40 students of a women's college in Maharashtra's Amravati district pledged to desist from "love marriage" on Thursday, the eve of Valentine's Day. They also pledged against giving or receiving dowry during marriage.

The oath was administered by teachers at the Mahila Kala Vanijya Mahavidyalaya in Chandur Railway town during a National Service Scheme (NSS) camp, which was attended by 100 students. The college is run by an educational organisation, Vidarbha Youth Welfare Society, founded by late Ram Meghe, Congress leader and former state Education Minister. It offers undergraduate and postgraduate courses in arts and commerce.

The oath administered to the students was, "I take the oath that I have complete faith in my parents. So, considering the incidents happening around, I will not get entangled in love and will not do love marriage. Also, I wouldn't marry anyone demanding dowry. If my parents marry me off by giving dowry due to some social compulsions, as a future mother, I will not take dowry from the parents of my would-be daughter-in-law and will not give dowry for my daughter's marriage. I am taking this oath for a strong and healthy India."

"The idea of administering such an oath came to my mind during a discussion with women at the camp on 'Challenges before youths'. It led to the subject of

crimes against women. We have witnessed several such crimes...The abiding question is why is this happening? Can we not do something to end it?" said Pradeep Dande, a professor of Political Science at the college.

"During the discussion, I asked the girls why they get tempted towards love marriage? Why do girls run away? Have they lost faith in their parents? The idea of oath struck me during the discussion." Asked if taking the oath was compulsory, Dande said, "No. It was optional. We had no intention to impose it on them. So the girls who agreed took the oath while others stayed out."

According to the principal of the college, Rajendra Havre, about 40 out of the 100 girls participating in the camp took the oath.

Asked if he agreed with Dande's idea, Havre said, "It is not a question of being or not being in agreement. Girls run away with auto-rickshaw drivers and pan-thela owners. Do parents send their daughters to college for this? So the idea is they should first concentrate on their studies and think of marriage later."

Asked how anyone could oppose the idea of falling in love at a young age, Havre said, "Nobody is opposed to love, but the youth must understand the difference between love and sexual attraction. Parents send their children for education and girls run away with someone. It is our duty to inculcate among students values of responsibility towards their parents and their career. Hence the oath."

Two pilgrims run over by truck in Akola

Akola: Two people were run over by a truck late Friday night while on a pilgrimage near Loharav village in Maharashtra's Akola district, police said. An of-

ficial identified them as Vishal Patekar and Shyam Nivane. Both were walking as part of the celebration of Gajanan Maharaj Prakat Din in Shegaon. PTI

IN THE NATIONAL COMPANY LAW TRIBUNAL, AHMEDABAD BENCH COMPANY SCHEME PETITION NO. CP (CAA) 11/NCLT/AHM/2020 CONNECTED WITH COMPANY APPLICATION NO. CA (CAA) NO. 119/NCLT/AHM/2019

IN THE MATTER OF SECTIONS 230 TO 232 AND OTHER APPLICABLE PROVISIONS OF THE COMPANIES ACT 2013 AND IN THE MATTER OF SCHEME OF ARRANGEMENT AMONGST RELIANCE JIO INFOCOMM LIMITED AND CERTAIN CLASSES OF ITS CREDITORS

Reliance Jio Infocomm Limited, a company incorporated under the provisions of the Companies Act, 1956 having its registered office situated at Office - 101, Saffron, Nr. Centre Point, Panchwati 5 Rasta, Ambawadi, Ahmedabad, Gujarat - 380 006

.....Petitioner Company

NOTICE OF HEARING OF THE PETITION

A Petition under Sections 230 to 232 of the Companies Act, 2013, for sanctioning Scheme of Arrangement amongst Reliance Jio Infocomm Limited and certain classes of its creditors ("Scheme"), was admitted on 11<sup>th</sup> February, 2020 and the said petition is fixed for hearing before the Hon'ble National Company Law Tribunal, Ahmedabad Bench on 28<sup>th</sup> February 2020.

Any person desirous of supporting or opposing the said Petition should send to the Petitioners' Advocates - M/s.Thakkar and Pahwa, Advocates at their office address at 71, New York Tower - A, 7<sup>th</sup> Floor, Opp. Muktidham Derasar, Thaltej Char Rasta, Sarkhej - Gandhinagar Highway, Ahmedabad, Gujarat 380 054, notice of such intention, in writing, signed by him/ her or his/ her Advocate, with his/ her full name and address, so as to reach the Petitioners' Advocate not later than two days before the date fixed for hearing of the said Petition. Where he/ she seeks to oppose the Petition, the ground of opposition or a copy of his/ her affidavit shall be furnished with such notice.

A copy of the Petition can be obtained free of charge from the Petitioners' Advocate at the address set out above. In case no representation / opposition is received within the stated period, it shall be considered that there is no representation / objection to the Petition.

Sd/- Ravi Pahwa M/s. Thakkar & Pahwa Advocates for the Petitioner Company

Dated this 14<sup>th</sup> day of February 2020 Place : Ahmedabad

Tribunal orders higher rank benefits for ret'd Navy officer

EXPRESS NEWS SERVICE NEW DELHI, FEBRUARY 14

THE ARMED Forces Tribunal has ordered the Navy to promote an officer, Commander S S Luthra, who was trained as a nuclear submarine specialist and had taken premature retirement after being denied a promotion.

The officer had alleged that his Vice Admiral overlooked him as he wanted to promote his son-in-law, the only submarine engineer who was promoted. He alleged the Vice Admiral "deliberately reduced" his numerical assessment while increasing his son-in-law's assessment to ensure "his son-in-law takes a march over others".

The tribunal has decided that the officer, who was a commander till he retired prematurely in April 2017, will be given a notional promotion to the rank of captain and will be entitled to all benefits, including pay and pension of a captain.

This is the second time a tribunal has given a judgment in Luthra's favour. In 2017, the Navy was asked to conduct a fresh promotion board, but even then Luthra was not promoted. The tribunal, in its February 12 judgment, said "clearly, arbitrariness, contrary to policy and the principles of natural justice, is writ large in the proceedings of the Special Review Board and the same, therefore, is liable to be set aside". All arrears are to be paid to Luthra within four months.

Mukhyamantri Laghu Evam Kutir Udyam Vikas Board (A Govt. of Jharkhand Undertaking) D.I.C. Campus, Udyog Bhawan, 4<sup>th</sup> Floor, Ratu Road, Ranchi. Contact-9262219999, e-mail: contact.cmlaghuikutir@gmail.com GST No. 20AAGAM7720G1ZX Ref. no. 148 Date:14/02/2020 APPOINTMENT OF CLUSTER DEVELOPMENT EXECUTIVE FOR SFURTI CLUSTER Applications are invited from eligible candidates for engagement as Cluster Development Executive on contract basis for implementation of SFURTI scheme in Lac Value added Cluster Bundu, Ranchi Cluster under the supervision of the National Institute for Micro, Small & Medium Enterprises (ni-msme), Hyderabad. Engagement of CDE is purely temporary and is limited for a period of one year from the date of contractual engagement and can be renewed up to a maximum period of 3 years or till the end of the project period, whichever happens earlier subject to the satisfactory performance of the candidate during project period. The candidate shall not be entitled to claim employment or permanency in any of the agencies implementing the programme. The essential qualifications and other details are as under:

Government of India Ministry of Social Justice and Empowerment Department of Social Justice and Empowerment A-Wing, Shastri Bhawan, New Delhi-110001 Applications are invited from eligible candidates for filling up the following post in NISD. Details of post to be filled up, educational qualifications, experience and other prescribed requirements for the post are as under:

Table with 6 columns: S. No., Name of the Post, Number of Post, Pay Band and Grade Pay, Essential Qualifications and Age Limit, Remarks. Row 1: Deputy Director (Administration & Planning) on deputation including short term contract basis, 1, Rs. 15600-39100/-, Grade Pay- Rs. 6600 under Pay Band-3. (pre-revised), Officer under the Central Government/ State Government/ Public Sector Undertaking/ Autonomous Statutory bodies holding analogous post on regular basis in the Parent Cadre/Department or with atleast 5/8 years service in the posts in the pay scale of Rs. 15,600-39100 + Grade Pay of Rs. 5400/- or Rs. 9300-34000 + Grade Pay of Rs. 4800/- or equivalent respectively and having experience in administration, establishment and accounts matters.

Interested candidates who fulfil the prescribed conditions may apply for the post of Deputy Director (Administration & Planning), National Institute of Social Defence. The applications may be forwarded to Deputy Secretary, Senior Citizens, Room No. 643, A-Wing, Shastri Bhawan, New Delhi-110001. The full details of the advertisement and prescribed proforma may be downloaded from Ministry of Social Justice and Empowerment Website www.socialjustice.nic.in. The extended last date of receiving the application form along with attested copy of vigilance clearance, Integrity Certificate and APARs is 28th February, 2020. The Employees of Central Government/ State Government/ Public Sector Undertakings etc. should send their application through proper channel. The Competent Authority reserves the right to reject any application or all applications without assigning any reason. Applications received after the last date or without all or any of the documents (photocopy) pertaining to education, experience and age or otherwise found incomplete will not be considered and no correspondence will be entertained in this regard.

Deputy Secretary Senior Citizens, davp 38101/11/0041/1920 phone- 011-23388837, email-kumar.ss@nic.in

उत्तराखण्ड लोक सेवा आयोग हरिद्वार पिन कोड - 249404 सं.सं. - 255/03(2018)/डीआर/डीपी/संका-02/2017-18 दिनांक: 14 फरवरी, 2020 विज्ञापित एलाइन्ड उम्मेदवारों के नाम विना विना के अन्तर्गत अतिरिक्त प्रोफेशन-जन्तु विज्ञान के लिए वही पर लीखी गयी है।

Department of Posts, Govt of India. IMPORTANT NOTICE Govt. of India has notified the Rules (Senior Citizen Welfare Fund Rules, 2016) for management and handling of the unclaimed money of the depositors lying with the Post Offices and Banks etc. As per these Rules, the details of such accounts wherein amounts are lying unclaimed (accounts inactive or un-operated for more than 10 years) are to be notified publically. Accordingly the Dept of Posts has published the details of such accounts on its website (www.indiapost.gov.in). Post Offices have been asked to publish list on office Notice Boards and give wide publicity by other means too. All concerned are hereby informed accordingly. Local Post Offices may be contacted for further details. Chief Postmaster General, Delhi Circle, New Delhi-110001 davp-06314/11/0003/1920

उत्तराखण्ड लोक सेवा आयोग हरिद्वार पिन कोड - 249404 सं.सं. : 02/03(06)D.R./Degree/Swa-02/2017-18, दिनांक : 14 फरवरी, 2020 विज्ञापित एलाइन्ड उम्मेदवारों के नाम विना विना के अन्तर्गत अतिरिक्त प्रोफेशन-जन्तु विज्ञान के लिए वही पर लीखी गयी है।

Important Notice for Post Office Savings Bank Account holders It is hereby notified for information of all concerned that the Government of India has now prescribed a minimum balance of Rs. 500/- to be maintained in a Post Office Savings Bank Account. Failure to maintain this minimum balance would result in deduction of an annual fee of Rs. 100/- and the account would get closed automatically once the balance becomes nil after deducting such fee. The depositors of accounts with balance less than Rs. 500/- are requested to raise the balance to Rs. 500/- or more latest by 11.12.2020 in order to avoid inconvenience. Chief Postmaster General, Delhi Circle, New Delhi-110001 davp-06314/11/0004/1920

OFFICE OF THE RECOVERY OFFICER-II DEBTS RECOVERY TRIBUNAL-II, DELHI 4<sup>th</sup> Floor, Jeevan Tara Buiding, Parliament Street, New Delhi-110 001. SALE PROCLAMATION R. C. No. 200/2015 EDELWEISS ASSET RECONSTRUCTION CO. LTD. V/S M/S RANA HEAVY ENGINEERING LTD. PROCLAMATION OF SALE UNDER RULE 52(2) OF SECOND SCHEDULE TO THE INCOME TAX ACT, 1961 READ WITH THE RECOVERY OF DEBTS DUE TO BANK AND FINANCIAL INSTITUTIONS ACT, 1993

Given under my hand and seal on 01.02.2020. Sd/- (Awinash Chandra) Recovery Officer-II DRT-II, Delhi

ELGAR PARISHAD CASE

High Court rejects anticipatory bail to Teltumbde, Navlakha

EXPRESS NEWS SERVICE MUMBAI, FEBRUARY 14

THE BOMBAY High Court on Friday rejected the anticipatory bail applications of academician Anand Teltumbde and activist Gautam Navlakha...

Involved in raising funds, recruiting cadre and weapon deal for the banned Maoist group and was a part of a 'larger conspiracy' to destabilise the government...

The defence lawyers, however, had submitted that the investigating agency had submitted evidence in a sealed envelope...

Justice Naik said that while he had perused the documents, he would refrain from commenting on them...

The high court had reserved the order on December 18, 2019, after hearing both the prosecution and the defence lawyers...

Pune Police had last year filed an FIR claiming that a programme organised on January 1, 2018, at Shaniwar Wada in Pune was a part of a conspiracy by the CPI (Maoists)...

Special Public Prosecutor Aruna Pai had argued before the high court that Navlakha was in-



COMING SOON

The much-awaited Ro Ro Ferry service is set to commence from March. The vessels, with a capacity to carry 18 buses, 180 cars and 500 passengers...

CDS to have key say in capital acquisitions, decide promotions

KRISHN KAUSHIK NEW DELHI, FEBRUARY 14

THE DEPARTMENT of Military Affairs (DMA) headed by the Chief of Defence Staff (CDS) General Bipin Rawat as its secretary will have another secretary under the CDS...

He said although the DMA has been given powers for revenue acquisitions, even for capital acquisitions, the CDS will have the powers of prioritisation...

The home department has given the sanction to prosecute the six police personnel on Friday. The accused will be charged under sections 120 (B) (criminal conspiracy) 182 (false information)...

MAHARASHTRA LAND ROW

State grants sanction to CBI to prosecute six cops

MOHAMED THAYER MUMBAI, FEBRUARY 14

THE MAHARASHTRA home department on Friday granted sanction to the CBI to prosecute six police personnel...

The sanction came five months after the CBI sought permission to prosecute the police personnel for allegedly evicting the developer of a 16-acre plot...

The accused will be charged under sections 120 (B) (criminal conspiracy) 182 (false information) with intent to cause public servant to use his lawful power to injury of another person...

The Indian Express had, on January 16, first reported about the delay the CBI was facing in receiving the sanction. The police had written to the home department on December 13, 2019...

In the January 27 letter, the police reiterated its stand that prosecution sanction should not be given, as there was not enough evidence against the six personnel...

Usually, the government goes by the police's opinion. However, in this case, since the state police and CBI seem to have contradictory opinions, the home department took the opinion of the law and judiciary department...

The CBI probe is a court-monitored investigation. The court will next hear the case on February 17. Jude and Dominic Romell, directors of Romell Housing LLP...

The CBI probe is a court-monitored investigation. The court will next hear the case on February 17. Jude and Dominic Romell, directors of Romell Housing LLP, who claimed to have purchased the land, had moved court...

have bought the plot for Rs 60 crore from two private firms and a man Kamruddin Shaikh, whose family allegedly owned the land since 1971. However, in an FIR lodged on April 21, 2017...

On January 17, 2018, the HC asked the Mumbai Police commissioner to get a probe conducted by the joint commissioner into allegations against the police personnel...

Expressing displeasure at the clean chit, the HC transferred the case to CBI, directing the agency to examine whether IPC Section 397 (robbery or dacoity with attempt to cause death) or grievous hurt could be invoked...

Likely to be shifted to another HC, Bombay HC judge resigns

OMKAR GOKHALE MUMBAI, FEBRUARY 14

CHIEF Justice Nandrajog is set to retire on February 24, Justice Dharmadhikari was next in line to hold the post as per his seniority...

Speaking to reporters on Friday, Justice Dharmadhikari said he has resigned as he was being considered to be elevated as the chief justice of the high court of another state...

He has been in talks with the higher authorities for last four months regarding this. He said Justice Dharmadhikari, who served as a HC judge for over 16 years...

Justice Dharmadhikari told mediapersons said that Bombay HC is a historic institution and it has never bent before anyone...

his court that he has tendered his resignation. "I have demitted office. Today is my last day," he said in the court...

With Justice Dharmadhikari's resignation and Chief Justice Nandrajog scheduled to retire later this month, posts for two top judges at Bombay HC are set to fall vacant...

Justice Dharmadhikari told mediapersons said that Bombay HC is a historic institution and it has never bent before anyone...

his court that he has tendered his resignation. "I have demitted office. Today is my last day," he said in the court...

Justice Dharmadhikari told mediapersons said that Bombay HC is a historic institution and it has never bent before anyone...

Justice Dharmadhikari told mediapersons said that Bombay HC is a historic institution and it has never bent before anyone...

Sworn-in 2 yrs after nod from collegium, Kerala HC judge says wait 'painful'

SHAJU PHILIP THIRUVANANTHAPURAM, FEBRUARY 14

AFTER BEING sworn-in on Thursday as an additional judge of the Kerala High Court, nearly two years after the collegium of the high court recommended his name for the post to the Supreme Court...

Speaking after the ceremony, he said, "It is true that I have waited above two years to clear my name. I believe the Constitutional authorities of our country, while making appointments to Constitutional posts, may take time...

Justice Kunhikrishnan said, "My name was recommended for the post of High Court judge by the collegium of the Kerala high court on March 7, 2018. The Supreme Court collegium recommended my name on October 9, 2018...

"I have a small piece of advice to my lawyer friends here. If you come across a news that the name of a person is recommended... please avoid questions such as: 'When will your appointment order come?'

To substantiate his point, he quoted from the books 'Story of a Chief Justice' by Justice U.L. Bhat, 'Roses in December' by late jurist M.C. Chagla, and a 1983 Supreme Court verdict which dismissed a special leave petition of the Madhya Pradesh government challenging the appointment of a Rashtriya Swayamsevak Sangh worker as a government school teacher...

HARYANA STATE RURAL LIVELIHOODS MISSION SCO No. 19, 1st Floor, Sector-16, Panchkula Notice-Information for the Applicants

ADVERTISEMENT RIGHT AT STATION CIRCULATIONS AREA No. CIAPICPIDOH/66-3120 Dated: 13-02-2020

APPEAL FOR IDENTIFICATION General public is hereby informed that an unidentified dead body of a male named Unknown, S/O: Unknown, R/O: Unknown...

Advertisement for MAHARASHTRA METRO RAIL CORPORATION LIMITED (Nagpur Metro Rail Project) Tender Notice No. NI-O&M-10/2020, Dated: 14.02.2020

PROCLAMATION REQUIRING THE APPEARANCE OF ACCUSED PERSON (See Section 82 Cr. P.C.) Whereas complaint has been made before me that accused person Pawan Kumar S/o Jeevan Ram...

TAMIL NADU GENERATION AND DISTRIBUTION CORPORATION LIMITED E-tenders in the e-procurement platform at National Informatics Centre (NIC) https://tntenders.gov.in/nicgp/app

GOVERNMENT OF PUNJAB OFFICE OF THE PRINCIPAL RESIDENT COMMISSIONER PUNJAB BHAWAN, COPERNICUS MARG, NEW DELHI-110001 TENDER NOTICE

APPEAL FOR IDENTIFICATION General public is hereby informed that an unidentified dead body of Male Namely: Unknown, S/O: Unknown, R/O: Unknown, Age: about 48 years, Height: 5' 5"

PROCLAMATION REQUIRING THE APPEARANCE OF ACCUSED PERSON (See Section 82 Cr. P.C.) Whereas complaint has been made before me that accused person Vikas Chauhan S/o Late Rampati Chauhan...

Govt. of Jharkhand Ranchi Institute of Neuro-Psychiatry & Allied Sciences Kanke, Ranchi - 834006 (Ph-2450303, 2450813) E-tender notice No. DIR/23/01/2019-2020/MISC/DIET & Agriculture and Horticulture Centre

रक्षा सम्पदा कार्यालय आगरा मण्डल, आगरा छावनी ई-निविदा सूचना सर्व साधारण को सूचित किया जाता है कि कार्यालय रक्षा सम्पदा अधिकारी, आगरा मण्डल आगरा छावनी द्वारा सर्वे संख्या 321 (भाग) बी.एस.एन.एल. ऑफिस के सामने आगरा छावनी स्थित रक्षा मूनि

MAHARASHTRA METRO RAIL CORPORATION LIMITED (Nagpur Metro Rail Project) Tender Notice No. NI-O&M-10/2020, Dated: 14.02.2020















APPEAL FOR IDENTIFICATION

General public is hereby informed that an unidentified person namely: Unknown, S/o: Unknown, Age : 30-35 year, Height : 5'5", Complexion : Shallow, Face : Round, Wearing : Lower Black colour and Sweater multi colour has been found in Illness condition and admitted in Safdarjung Hospital, New Delhi. He was declared brought dead by doctor on 17.01.2020. In this regard a case vide DD No 05A dated 17.01.2020 has been lodged at P.S. S.J. Enclave, Delhi.

U.P. RAJKIYA NIRMAN NIGAM LIMITED (U.P. Government Undertaking) Visheshwariya Bhawan, Vibhuti Khand, Gomti Nagar, Lucknow-226010, Website : http://www.upnnc.co.in, Fax 0522-2720846

The Project Manager, High Court Electrical Unit invites for and on behalf of Managing Director U.P. Rajkiya Nirman Nigam Ltd., rate bids in two bid system for the following work:- NIT No. : 68/PM/HCEU/CCTV/RNN/2020 Dated : 11-02-2020

ANDHRA PRADESH MEDICAL SERVICES & INFRASTRUCTURE DEVELOPMENT CORPORATION

Plot No. 9, Survey No. 49, 11 Park, Mangalagiri-522 503, Guntur District, Amaravathi Region, Andhra Pradesh, email: ce.aphmhid@gmail.com

Government of Andhra Pradesh is planning to construct District & Teaching hospitals at various locations in the State of Andhra Pradesh. APMSIDC invites International Expression of Interest (IEOI) from interested participants.

DIRECTORATE OF INSTITUTIONAL FINANCE, NAVA RAIPUR GOVERNMENT OF CHHATTISGARH

4th Floor, Block -1, Indravati Bhawan, Nava Raipur Atal Nagar, Dist Raipur Dated: 11/02/2020

Interested parties may view and download the tender document containing the detailed terms & conditions from the website https://proc.cgstate.gov.in.

U.P. RAJKIYA NIRMAN NIGAM LTD.

Notice Inviting E-Tender, Tender Notice No. 850/A/PM/JUNIT-18/Dept. of Home/RNN/20, Dated: 14.02.2020

WESTERN RAILWAY-RATLAM DIVISION

Tender Notice for Various Works, No. W/623/NIT/2019-20/165-166 & 2018-19/40(R-3), Date: 07.02.2020.

CCS Haryana Agricultural University, Hisar

Tender Notice, CCS Haryana Agricultural University, Hisar is inviting Tender for following equipments/items :- 1. Purchase of Vegetable Seed packing & sealing plant for the Dept. of Vegetable Science, CCSHAU, Hisar.

PIU (Slope & Bridge), UDRP-AF, Fourth Floor, DDPM Tower, Haridwar Bypass Road, Aljapur Khurd, Dehradun-248001, Uttarakhand, E-mail: pwd.wb.uk@gmail.com

Corrigendum, NAME OF PROJECT: Uttarakhand Disaster Recovery Project-Additional Financing (UDRP-AF) Credit No. 89210-IN

HIMACHAL PRADESH, PUBLIC WORKS DEPARTMENT, E-Procurement Notice, IN-INVITATION FOR BIDS (IFB), The Executive Engineer, HPPWD Ghumarwin, Distt Bilaspur H.P.

VEER SURENDRA SAI UNIVERSITY OF TECHNOLOGY, BURLA, No. VSSUT/TEQIP/150 /2020 Dated: 14.02.2020, INVITATION FOR EXPRESSION OF INTEREST

Table with columns: Sr. No., Name of Work, Estimated Cost, Starting Date for Downloading Bid, Earnest Money, Deadline for Submission of Bid

DELHI JAL BOARD : GOVT. OF NCT OF DELHI, OFFICE OF THE EXECUTIVE ENGINEER WEST-I, O.H.T. BERIWALA BAGH, SUBHAS NAGAR, NEW DELHI-110064

Table with columns: Sl. No., Name of Work, Estimated Contract Value (ECV)/Amount put to tender, Earnest Money (EMD), Tender Fee, Date of Release of tender in E-Procurement Solution & Tender ID No., Last Date/Time of receipt of tender E-Procurement Solution

Table with columns: Sr. No., Division/District, Package No., Name of work, Starting date for downloading of Bid, Deadline for submission of Bid, Opening date of Bid

WESTERN RAILWAY-AHMEDABAD DIVISION

Table with columns: Sr. No., Train No., Station, Space Available (in Tonne), Reserve Price per Trip per Tonne (in ₹)

कार्यालय, एम0 जी0 एम0 मेडिकल कॉलेज अस्पताल, जमशेदपुर

Radiology Dept. के लिए CT Scan Machine with all Accessories on Turnkey Basis (Including all civil works and Electrical works/connections) की आपूर्ति/प्रतिस्थापन हेतु अन्वयनात्मक

OFFICE OF THE PRINCIPAL, DUMKA MEDICAL COLLEGE, DUMKA.

Very Short Term Tender No: DMC/01/2019-20, NOTICE INVITING RATES FOR PROVIDING TECHNICAL MANPOWER IN DUMKA MEDICAL COLLEGE & HOSPITAL, DUMKA THROUGH E-TENDER

National Institute of Fashion Technology

Table with columns: Date of Publication of e-Tender Notification, Date of Sale of e-Tender Document, Last Date for Receipt of Receipt of duly filled in e-Tenders

M.P. HOUSING & INFRASTRUCTURE DEVELOPMENT BOARD

Table with columns: System Tender No., Name of Work, Probable Amount, Completion period, Purchased Start Date and End Date, Date of Bid Submission, Date of Tender opening

M.P. HOUSING & INFRASTRUCTURE DEVELOPMENT BOARD

NOTICE INVITING E-TENDER, Online percentage rate bids for the following works are invited from registered contractors and firms of repute fulfilling registration criteria:-

Table with columns: Sl. No., Tender No., Name of Tender, Items to be Purchased

Classifieds

PERSONAL

I, Manminder Kaur, W/O Parvinder Singh, R/O Govt college Road opposite Ram Garh Mohalla, Hoshiarpur Punjab-146001, have changed my name and shall hereafter be known as Manvinder Kaur. 0040532013-3

Rakesh Kumar S/O Prasada Ram R/O-1a/106, Rang Rasayan Apartment, Near Bhagwati Hospital, Sector-13, Rohini, Delhi-110085. Changed My Name To Rakesh Jain. 0040531986-8

Public Notice: My client Mrs. Neetu and Komal... We are growing & need the best teachers. Unique Shiksha. We are growing & need the best teachers. Public Notice: Public notice at large is hereby informed that my client Shri Mahender Singh...

WEST CENTRAL RAILWAY Mechanical Branch Open Tender Single Packet System Tender Notice No. JBP/M/Tender/07/2020, Dated 12.02.2020. E-Tender is invited on behalf of the President of India, acting through Sr. Divisional Mechanical Engineer (O & F) / Divisional Railway Manager (Mechanical), West Central Railway, Jabalpur...

SHILLONG SMART CITY LIMITED NOTICE INVITING TENDER NIT: SSCL/Tender/2020-21/MEG-SHI-022 Dated: 14.02.2020. 1. The Chief Executive Officer (CEO), Shillong Smart City Limited (SSCL) invites Bids for the following works:

HIMACHAL PRADESH PUBLIC WORKS DEPARTMENT CORRIGENDUM The Online Tender for the following works which were sent to publication vide this office Tender Notice No. PW-SE-VIII/A-2/Tender-PMGSY/2019-14811-850 dated 23.01.2020 and published in various news papers vide RO No. 4304/2019-20 (Classified) dated 24.01.2020:-

Table with 7 columns: Tender No., Name of the Work, Approx. Estimate of project Cost (Rs in Lakhs), Tender Fee (non-refundable) Rs., Earnest Money Deposit (Rs in Lakhs), Period of Completion, Defect Liability Period. Includes details for SSCL/Tender/2020-21/MEG-SHI-022.

Bharat Nirman through Rural Roads Chief Engineer (Kangra Zone) HPPWD Dharamshala H.P., 176215 BHARAT NIRMAN UNDER PRADHAN MANTRI GRAM SADAK YOJANA (PMGSY) e-Procurement Notice

OFFICE OF THE DEPUTY GENERAL MANAGER, JKPCCLTD, UNIT 2ND, SRINAGAR, KASHMIR (J & K Government Undertaking) CIN No. U45205JK1965SG000296

# 19 REVIEWS CINEMA & MUSIC



**DVD & BLU-RAY**  
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 ₹ 1499/-



## Stuck in a Dream

### FANTASY ISLAND ★★

**Director:** Jeff Wadlow  
**Cast:** Lucy Hale, Maggie Q, Portia Doubleday, Michael Pena, Ryan Hansen

### SHALINI LANGER

ONE WAY of justifying this mess would be that it's all fantasy, and fantasies don't really follow the usual laws of nature. However, that would be being too kind to a film, based on a 1970s TV show, that itself doesn't value its good parts.

Somewhere off the American coast (there is a suggestion of Venezuela) is a picture-perfect island, with white sand, blue waters and cloudless skies, where an eccentric, presumably rich person called Mr Roarke (Pena) makes fantasies of winners of a contest he holds come true. After we have been treated to a scary night involving a blonde girl in a golden dress being carted away screaming, one glorious morning, Mr Roarke welcomes home five of his new guests.

With fantasies starkly different from each other, which they have expressed in their application entries, the five promise in one film a high-school teen revenge fantasy, a war

fantasy, a perfect love fantasy, and with two brothers born of different mothers (lending itself to some very silly jokes) a raunchy pool-side fantasy with drinks, drugs and bodis in bikinis and briefs.

It is a hard mix requiring sharp changes in tempo, and while some parts of it are good and others surprisingly competent, the others that lag pull the film down. The best thing going for it is the suggestion that one must be careful what one wishes for, particularly of what lies at the heart of those wishes. Like Melanie (Hale), who has since high school wanted to pay back the class bully, Sonja (Doubleday), in the same coin. When that is interpreted by the fantasy-creators of the island as strapping Sonja onto a chair and bloodily torturing her, Melanie is horrified.

If that track trots along nicely for a while, also delving into the power of apology vs revenge, Elena (Maggie Q) is uncertain when a boyfriend she regrets having turned down appears right back and, in the blink of an eye, a marriage and a daughter she has always longed for materialise. Does settling for this lie make the truth any better?

Had Wadlow stuck to these two strands, *Fantasy Island* may have been a better film. However in trying to bring the many knots together, it only ends up tying itself hopelessly in them. Eventually, it takes so many loops, including a detour into mystic, better-left-unexplained powers — while leaving enough threads hanging for a repeat — that it trips.

The whole premise of *Fantasy Island* is what would happen if people got second chances. The only good ending would be if the film didn't get one.

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## Happily Ever After

### TO ALL THE BOYS: PSI STILL LOVE YOU (NETFLIX)

**Director:** Michael Fimognari  
**Cast:** Lana Condor, Noah Centineo, Jordan Fisher

### AMY NICHOLSON

TO ALL the Boys I've Loved Before, an xennial mash note to '80s teen romances, ended as John Hughes ordained: with the wallflower, Lara Jean (Condor), and the jock, Peter (Centineo), professing their love on a lacrosse field. Lara Jean swoons over one-off classics like *The Breakfast Club* and *Sixteen Candles*. For viewers like her, Netflix has ordered a franchise based on Jenny Han's book trilogy, the second of which, *PS I Still Love You*, whips drama from the question Hughes left unanswered: Is this misfit couple really a match?

Who cares, adults may groan. Two per cent of marriages are between high school sweethearts. Yet to Lara Jean, whom Condor plays with naivete and pluck, pleasing Peter is serious. Can she keep her popular Prince Charming despite a blitzkrieg of bliss-killers that include his jealous ex-girlfriend, an obsession with the party game called flip cup and her immature belief that the perfect relationship should be, well, perfect?

Her insecurity matures this sequel from fairy tale to talk therapy. Lara Jean and her friends don't banter — they proclaim, as if being deposed by Cupid. It's unclear if the script's stolid dialogue is attempting to flatter modern teens, or if the writers just don't know any.

Despite Condor's determination to make Lara Jean feel like a real girl, she's stuck being a clone, opening the film crooning *And then he kissed me* to her bedroom mirror just as Elisabeth Shue did in *Adventures in Babysitting*.



Later, when Lara Jean's loyalty is divided by the reappearance of her sixth-grade crush (Fisher), an emotionally-attuned dork who, like her, prefers to spend his Saturdays playing bingo, the soundtrack broods with a moody cover of *Girls just want to have fun*. How canny to capitalise on a youthful ache to rewind to an era when Molly Ringwald wasn't forced to worry about school shootings and climate change.

Fimognari occasionally cribs a shot from a more ambitious movie: a floating kiss, a pair of snow angels, an argument on a class trip to the aquarium, recalling a James Bond brawl in *Skyfall*. Mostly, however, the visuals are childish. Ironically, the film's best sequences are wish fulfillment for geriatrics. Lara Jean's retro fixation reaches its peak when she volunteers at Bellevue, a retirement home. The rooms are art deco, the wardrobes are doo-wop, and the residents groove to the Bee Gees. Pass the prune daiquiris — yes, there are prune daiquiris — and get drunk on nostalgia. **NYT**



### SHUBHRA GUPTA

If you had apprehensions about a brand new film being called by an old name, made by the same director, you were right. If you thought that despite this apparent lack of imagination, this *2.0 Love Aaj Kal* would fly, you were wrong. Imtiaz Ali's latest version of romance in this-day-and-that age, is nothing but an incoherent mess.

The 2009 *Love Aaj Kal*, starring Saif Ali Khan and Deepika Padukone, went back and forth in time, giving us two sets of confused lovers. This one does the same, while making an attempt to connect with contemporary ideas of love-shuv-dating-shating, as it follows the tracks of today's couple Vir (Aaryan) and Zoe (Ali Khan), as well as Raghu (Hooda) and Leena (Sharma), engaged in the same push-pull, in the early 1990s.

It's one thing to train the lens on the confused confusions two people straining to understand the thing between them. Each love story is the same-same but different, and who doesn't love a lover? But it's quite another to watch a series of awkwardly-constructed confusions unravel on screen: just what is going on between Vir and Zoe, as they skim over the in-bed-and-out-of-it-bits, slaloming between loudly-and-repeatedly stated 'career' choices and realising the worth of *pyaar-vyaar*? They are talky, but there is no frisson. Ali's movies have always been heavy on dialogue which feels like it is coming from a space inhabited by the glib poet-philosopher-of-the-filmy-kind, but there has to be a limit on how bumper-sticker you want to go, because on that route there is only banality, no genuine feelings.

The last time I saw the messy feelings of pain-pleasure-exhilaration, feelings that touch you and move you, that radiate

from true lovers, was in Ali's most well-realised movie, *Jab We Met*, and before, in his lovely, underrated *Socha Na Tha*. He hasn't managed to capture those emotions since, not in *Rockstar*, nor in *Tamasha*, and certainly not in the misfire that was *Jab Harry Met Sejal*.

But at least those movie had sparkly moments. I'm hard put to find any in this one, which has characters playing familiar types. Aaryan is desperately trying to act as a lover

**The last time I saw the messy feelings of pain-pleasure-exhilaration, feelings that touch and move you, that radiate from true lovers, was in Ali's *Jab We Met* and *Socha Na Tha***

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## When We Were Young

### THE NEIGHBOR'S WINDOW (SHORTS TV) ★★★★★

**Director and Writer:** Marshall Curry  
**Cast:** Maria Dizzia, Greg Keller, Juliana Canfield

### EKTA MALIK

THE LINE between cinema and voyeurism is often blurred. The camera sees and chronicles things that the naked eye ignores, or maybe chooses to deny. This year's winner of the best short film in the 'Live Action' category at the Oscars, *The Neighbor's Window*, is a 20-minute life lesson on why we should court our blessings. And as the name suggests, we do it while we peep into the neighbour's window. Think *Rear Window*, but less thriller-ish. Set in New York, we are taken into the lives of Ali and her husband, a middle-aged couple expecting their third child. On one such evening, after Ali has picked up all the toys, she sighs and joins her wine-guzzling husband, as they chance upon the apartment across the street. The new occupants, a couple, are busy 'christening' the apartment in the Biblical tradition. They both watch, fascinated, twisting their heads to follow the

action. It brings strong flashbacks of the 'Ugly Naked Guy' gag from the TV show *Friends*, and how the six friends huddled together in Monica's apartment to watch the ugly naked guy across the street.

Time progresses, Ali has delivered the baby, and is now dealing with pooping kids, winter and her changing body, all this while being angry at her husband. "I am not 22, and I am tired all the time," she whines. The couple across the street is a looming presence, and even though we don't see them up close, their shenanigans are very much part of the narrative. "They are like a crash car you can't look away from. Okay, a beautiful sexy car crash," admits Alli. A pair of binoculars is always handy, and Ali just can't seem to get enough of the couple across the street. Dance parties and brunches and late nights at the couple's are juxtaposed by Ali feeding her baby, roaming around in a dressing gown, and just trying to make sense of it all. But then something happens, and the distance between the two buildings is bridged. We end up meeting the couple, just, maybe, not in the way we wanted.

Written and directed by Marshall Curry, the film is based on a true story by Diane Weipert. And while many details are missing from the film, like we don't know what Ali does, or what her husband's name is, it



doesn't really matter. We watch enchanted, just like Ali.

Windows and voyeurism have always lent themselves beautifully as tools for cinematic brilliance. We had *Peeping Tom* in 1960, which explored that very phenomena, and Alfred Hitchcock's 1954 classic *Rear Window*, which inspired generations of filmmakers. Closer home, we had *Padosan* (1968) and the antics of love that revolved around a window. *Mere saamne waali khidki main* is an anthem till date for lovelorn people who sigh wistfully while looking through a window. In *The Neighbor's Window* as well, we are just

shown glimpses of the other apartment, but it's the lure of the unknown that makes it the promised land.

The film comments on youth, fading desire and how we fall prey to the monotony of everyday life. But it also makes you want to hold onto the people who matter, very very tightly, for life as we know it can be fleeting at best. That's why *The Neighbor's Window* is a must watch, because it makes a very valid point without the melodrama. Sure it is highly emotional, but its brevity makes the life lesson on point.

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## BREAKING DOWN NEWS

# And in Other News

## Coronavirus is no longer making headlines in India, but in the Far East, it remains the top story



BY PRATIK KANJILAL

THE TV news suffers from chronic long term memory loss, but the rapidity with which coronavirus slid down the newlist is unusual nevertheless. Following a dip in the rate of new infections reported from China, Indian coverage of the coronavirus outbreak has

other news here but in the Far East, it remains the top story, and will dominate headlines for at least another fortnight. Thereafter, months of reporting could follow on the widespread economic effects of the outbreak. The world service of NHK, Japan's national broadcaster, reports that the Honda factory in Wuhan, where the coronavirus originated, had delayed the reopening of the production line, though workers are reporting back elsewhere in China. In Japan, Nissan's main plant in Fukuoka has shut down for wants of parts, many of which are sourced from China. Supply chain failures could affect industries all over the world, since China is a global supplier.

NHK also reports that Japan Prime Minister Shinzo Abe is going through a mini-crisis of his own. He is being taken to task by the elders of his own party for losing his cool and heckling an opponent. He protests that she had launched a personal attack on him. The rest of the political community is protesting about his behaviour, which is not seen as becoming of a prime minister. The only good news from Japan is that thanks to the coronavirus crisis, business is booming in the face-

mask and handwash sectors.

In Delhi, the Supreme Court is going to generate quite as much interest as coronavirus is doing in the East, with its requirement that political parties must publicise the history sheets of their candidates, and justify their selection on the basis of abilities other than "winnability". This move will have the dangerous consequence of packing legislatures with morally upright people, and will therefore earn the widespread denunciation that it deserves. On a serious note, it also militates against the principle of innocent until proven guilty. But as former Chief Election Commissioner SY Quraishi told NDTV in a completely unprovoked incident, we have no compunctions about packing the nation's jails with undertrials who remain to be proven guilty, violating four of their fundamental rights, and should not hesitate to disbar politicians with pending cases against

them from contesting, because seeking public office is not a fundamental right.

That's a clear, logical argument, and if it is given heed, legislatures could be depopulated with coronavirus-like efficiency. Precisely why it is unlikely to feature prominently in television debates in the coming week. They'll be given over to the deplorable unfairness of requiring bad boys and girls to publish their history sheets online, for all to see and comment on.

On Tuesday, Arvind Kejriwal thanked Bharat Mata and Hanuman for another clean broom-sweep of the Delhi Assembly. But after the event, the most interesting talk on TV was about the Congress, which has been missing in action in the Capital. There were distractions between election day and counting day, like BJP hopeful from Hari Nagar, Tajinder Bagga, shamelessly claiming a win, not only for himself but for his party in

every seat that it contested. It got so surreal that even the Times Now's anchor, who is not exactly an impartial observer, became exasperated at Bagga's resolve to disregard the exit poll figures.

But after the event, the post-mortem was very much about the mortal remains of the Congress, which had scored a duck yet again. It would have been an academic exercise, but for the garrulousness of Congressman PC Chacko to ANI, who effectively attributed the debacle in absentia to former Chief Minister Sheila Dikshit — who is no longer around to protect her good name. If that doesn't get the grand old party to stir its stumps in the Capital, perhaps nothing will, and it only remains to get the death certificate stamped by the chief medical officer.

And finally, a range of news providers from the *Wall Street Journal* to *Dailymotion* report that the KFC chicken bucket loved by millions has inspired KFC-themed Crows, which look like fried chicken and smell like fried chicken. This is pop consumerism gone mad — if you eat it, wear it proudly, too.

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# 21 BODY & MIND



## Study points to link between ozone pollution, premature death

REUTERS

PEOPLE WHO live in cities where the air is polluted by factories and traffic fumes may not live as long as they would have with cleaner air, a recent study suggests.

Researchers focused on ozone, an unstable form of oxygen produced when various types of traffic and industrial pollution react with sunlight. Worldwide, about four in five people in urban areas are exposed to ozone levels that exceed safe levels recommended by the World Health Organization, the study team notes in *The BMJ*.

The study looked at ozone levels and deaths in 406 cities in 20 countries around the world. It found that overall, about 6,000 deaths a year in those cities could be prevented if stricter air quality standards reduced ozone levels below the WHO-recommended maximum of 100 micrograms per cubic meter of air (mcg/m<sup>3</sup>). "Our study confirms the evidence from previous studies on the adverse health impacts associated to the exposure to ground-level ozone," said lead study author Ana Maria Vicedo-Cabrera of the University of Bern in Switzerland. "Patients should be aware of the risks of the exposure to high levels of ozone, in particular when their health is already compromised," Vicedo-Cabrera said by email.

Air pollution has long been linked to higher risks of heart attacks, strokes, asthma attacks and other respiratory problems with the potential to shorten people's lifespan. Less is known, however, about how much exposure to ozone levels higher than WHO limits might directly impact longevity, the study team notes. In the current study, researchers examined data on ozone levels and more than 45 million deaths between 1985 and 2015.

On average, a 10 mcg/m<sup>3</sup> increase in ozone during the current and previous day was associated with a 0.18 per cent increased risk of death, the study team found.

Even when cities had ozone concentrations below WHO limits, levels between 70mcg/m<sup>3</sup> and 100mcg/m<sup>3</sup> were still associated with an increased risk of death during the study period. This suggests that even stricter air quality standards might be needed, the study team concludes.

The study wasn't designed to determine whether or how ozone exposure might cause premature deaths.

The researchers also didn't have enough data from certain regions of the world, including South America, Africa, and the Middle East, to craft a truly global estimate of how ozone exposure impacts longevity.



## She was losing fistfuls of hair. What was causing it?

Sudden hair loss may seem alarming, but it may be caused by temporary stress

JANE E BRODY

A WOMAN in my knitting group recently asked if any of us knew where she could buy a grey wig. Though she seemed to have an ample head of hair, she reported that she'd been losing fistfuls every time she brushed or washed it. Obviously very upset about what was happening, she said she didn't want to wait until she was bald to find a substitute for her naturally grey hair.

She also wondered why, suddenly, this was happening and how it could be stopped. The dermatologist she consulted asked some telling questions and suggested the likely cause. Three months earlier, my friend had undergone surgery for colon cancer and, as if that weren't enough of a stress, she had developed a serious postoperative infection.

The delayed result, a form of diffuse hair loss called telogen effluvium, was causing her hair to fall out in frightening clumps. The good news was that absent another physical or psychological insult, within a year she most likely will have regained her normal head of hair and can donate the wig she bought to a grey-haired woman about to undergo chemotherapy.

In a book about symptoms called "Am I Dying?!" by Dr Christopher Kelly and Dr Marc Eisenberg, both affiliated with the Columbia University Irving Medical Center, the chapter on hair loss offers a simple description of the three stages of normal hair growth and how they might be disrupted. Under typical circumstances, people have about 1,00,000 to 1,50,000 hairs on their heads, with each hair follicle going through its growth cycle independently.

Spared an underlying insult, about 90 per cent of your hair is in the anagen, or growth, stage, which can last for years and result in

long tresses unless cut. The remaining 10 per cent is either in the catagen stage, lasting four to six weeks and during which the hairs start to loosen in their follicles, or the resting telogen stage of two to three months, when the hairs are ready to fall out and end up in the brush, on your clothes or in the shower drain.

It's normal to shed about 100 to 150 telogen phase hairs a day. But the loss of 100 or more hairs in one washing or brushing is not normal and, as with my friend, likely to cause alarm. This can happen when hair follicles in the anagen phase prematurely progress to the telogen phase and result in abnormal hair loss two to three months later.

In the hair loss chapter of the symptoms book, edited by Dr Lindsey Bordone, assistant professor of dermatology at Columbia, the authors note that "the intense stress associated with surgery, weight loss, childbirth and any other emotional experience can force most of your hairs into the telogen stage. Since this stage lasts an average of three months, most of your hairs start to fall out after you've moved on from the stressor," prompting you to wonder why it is happening and what can be done to reverse course.

Happily, there is a simple answer to the latter question. Assuming the stressful event has ended, consider getting a wig, head scarf, turban, cap or hat and wait until your hair grows back. Rest assured, if the hair loss was caused by a temporary stress, it will grow back, but patience is recommended. Regrowth is usually not apparent for four to six months and may take 12 to 18 months before

it is cosmetically acceptable. There's really nothing that can speed up the process, the doctors write, so don't waste money on supplements and other remedies.

Other possible causes of diffuse telogen hair loss include an overactive or underactive thyroid, with normal hair growth restored once the hormonal abnormality is corrected. Various chronic or inflammatory disorders, autoimmune diseases or chronic infections may also cause diffuse telogen hair loss.

Nutritional deficiencies, especially of iron or zinc, protein, fatty acids or vitamin D, are other possible causes, as well as extreme caloric restriction and crash diets. Regardless of what you may suspect, getting a thorough medical checkup is highly recommended to determine a specific and often correctable cause of diffuse hair loss, Dr Bordone urged. Loss of hair in the anagen phase is never normal and most commonly results from a toxic exposure like treatment with anticancer drugs. Abnormal hair loss is usually noticed a week or two after the start of chemotherapy and is most apparent by two months. Scalp hair is most likely to be affected, but all facial and body hair may also be lost. However, hair will start to grow back within weeks after chemotherapy ends.

Other causes of anagen hair loss that can be permanent include radiation and heavy metal poisoning. In addition to chemotherapeutic drugs, medications that can cause hair loss include warfarin, steroids, birth control pills, lithium, amphetamines and vitamin A supplements, though hair will

most often grow back when the medication is stopped.

The most common form of hair loss is age-related and is not associated with any underlying disease, deficiency or distressing situation. It is androgenetic alopecia, most commonly called male-pattern baldness, or female-pattern baldness when it affects women. This type of hair loss is most common in white men, affecting about half of them by age 50. White women tend to keep their hair longer, though about a third of them experience hair loss marked by a general thinning out of their hair by age 70, the Columbia doctors report.

Several medications are available that can help to counter androgenetic alopecia, at least to some extent. One is minoxidil, a scalp cream sold as Rogaine, among other brands; another is a pill called finasteride, sold as Propecia. The latter can help to shrink an enlarged prostate and improve urination, but in 1 per cent of men it can cause sexual dysfunction. Women can also use minoxidil to counter hair-thinning caused by androgenetic alopecia. However, some women contribute to their hair loss by adopting tight hairstyles like a ponytail or cornrows that tug on the hair, practices that prompted the Columbia doctors to recommend letting your hair down.

The most mystifying form of hair loss, called alopecia areata, results from an attack on hair follicles by the body's own immune system. It usually results in smooth, coin-size bald patches on the head, although the autoimmune attack on hair follicles can also affect a man's beard, all the hair on a person's head, or all the hair on the entire body. Hair regrows within a year in about half of patients, although hair loss can sometimes recur, the doctors said.

**It's normal to shed about 100 to 150 telogen phase hairs a day. But the loss of 100 or more hairs in one washing or brushing is not normal and likely to cause alarm**

### SHORT COURSE

[20-40 YEARS]

## Weekly nature visits may boost physical, mental health: Study



PEOPLE who make weekly visits to natural spaces, and feel connected to them, report better physical and mental well-being, according to a study. Researchers, including those from the University of Plymouth in the UK, also found that people who make nature visits are more likely to behave in ways which promote environmental health, such as recycling and conservation. The study suggests that reconnecting with nature could be key to achieving synergistic improvements to human and planetary health. "In the context of increasing urbanisation, it is important to understand how engagement with our planet's natural resources relate to human health and behaviour," said lead author Leanne Martin, from University of Plymouth. "Our results suggest that physically and psychologically reconnecting with nature can be beneficial for human health and well-being, and at the same time encourages individuals to act in ways which protect health of the planet." PTI

[40+ YEARS]

## High levels of Vitamin B12 may be too much of a good thing



VITAMIN B12 is an essential nutrient, important in nerve and blood cell health, and most people obtain enough of it in food. Those with B12 deficiency, or an inability to absorb it, can use supplements. But a study suggests very high blood levels of vitamin B12 may be life-threatening. Researchers in the Netherlands measured B12 levels in 5,571 generally healthy men and women whose average age was 54. They followed them for an average of eight years. They found death rates were almost twice as high in those in the highest one-quarter for B12 levels as for those in the lowest. The reasons are unclear. Senior author Stephan J L Bakker, a professor of internal medicine at University Medical Center Groningen, said excessive levels of B12 "might change gut microbiota in ways that could be harmful — no one really knows." He added, "Our finding was only an association" and could not prove "a cause-and-effect relationship". NYT

[60+ YEARS]

## Taller men may have lower dementia risk in old age, finds study



MEN WHO are taller may have a lower risk of dementia later in life, according to a Danish study. Finding ways to identify individuals at risk of dementia can help people take preventive measures, or plan for their future care, the researchers from the University of Copenhagen in Denmark noted.

"We wanted to see if body height in young men is associated with diagnosis of dementia..." said Terese Sara Hoj Jorgensen, Assistant Professor at the University of Copenhagen.

The researchers analysed data on 6,66,333 Danish men born between 1939 and 1959. They found a total of 10,599 men who developed dementia later in life.

Their adjusted analysis showed that there was about a 10 per cent reduction in the risk of developing dementia for about every 6 centimetres of height in individuals above the average height.

# Combining aerobics and weights tied to optimal weight control

Activities like walking and lifting weights were both tied to a healthier weight, but combining the two may have the most benefits

GRETCHEN REYNOLDS

TO STAVE off obesity, we might want to both stride and lift, according to an important, large-scale new study of how different types of exercise affect the incidence of obesity in America.

The study, which involved health records for almost 1.7 million men and women, indicates that people who exercise in almost any way are less likely to be obese than those who are sedentary. But the study also finds that the odds of being normal weight are greatest for those who complete both aerobic exercise and weight training, at least occasionally.

Obesity is one of the world's most pressing health concerns. My colleague Jane Brody wrote recently about a new study showing that within a decade, half of all Americans may be obese. These soaring obesity rates are worrying in large part since the condition is linked to a range of other serious health concerns, including Type 2 diabetes, heart disease, arthritis, dementia and premature death. Despite obesity's prevalence and morbid-

ity, though, its causes remain poorly understood. We know that nutrition and energy imbalance play outsize roles. But exercise and inactivity are involved as well, although their contributions are muddled. Exercise does not seem, for instance, to be very effective at helping most overweight people to drop pounds, probably because exercise tends to make people hungry.

More helpfully, exercise does seem to help many people avoid packing on pounds in the first place. In some past studies, adults who frequently walked or completed other physical activities were less prone to becoming obese during middle age than people who were sedentary.

But most of those studies involved relatively small groups of people or specific populations, such as female nurses or older men. In many of those studies, only relatively large amounts of exercise, such as an hour or more a day of walking, were tied to maintaining a healthy weight. And almost none examined the potential role of weight training in obesity prevention, leaving many questions unexplored about just how much and what kinds of



exercise might correlate with the likelihood of obesity.

So, for the new study, researchers in Australia decided to compare exercise habits and obesity numbers in an enormous group of American adults. The researchers found their subjects among the participants in the annual Behavioral Risk Factor Surveillance System, a telephone survey about the health and lives of millions of Americans overseen by

the Centers for Disease Control and Prevention. The Australian researchers focused now on data from recent surveys that included answers from men and women about their height, weight and general exercise habits, including whether they had exercised in any way during the past month and, if so, what types and amounts of exercise they had completed.

The researchers gathered the answers from 1,677,108 of the survey participants and started

categorising them, first, as either normal weight or obese, according to their body mass index, and then by their exercise habits. The researchers noted whether or not the men and women reported having completed at least 150 minutes a week of aerobic activities such as walking or jogging during the past month, meaning that they had met the standard health recommendation for exercise. They also recorded whether they had reported having done any resistance exercise, which would include not just weight training but activities like yoga and calisthenics, at least twice a week.

They wound up with participants who either were or were not obese and, separately, were sedentary or active, completing aerobic exercise, weight training, or both types of exercise on a regular basis.

Then they compared exercise habits and obesity and noted an interesting pattern. The incidence of obesity, especially extreme obesity, was much lower among active people than the sedentary, whether their activity was aerobic or resistance-oriented.

But those men and women who reported completing both types of exercise — who jogged and lifted or walked and downward dogged, for instance — were about 50 per cent less likely to be obese than inactive people and about 20 per cent less likely than people who participated in aerobic exercise or weight training alone.

In other words, it appears that "doing either aerobic or muscle-strengthening exercise is good for a healthy weight, but doing both is better," says Jason Bennie, a senior research fellow in physical activity epidemiology at the University of Southern Queensland, who led the new study.

This study relied on participants' memories of exercise, though, which can be unreliable, and asked about them at only one point in people's lives. So, it cannot show whether exercising now necessarily thwarts obesity in the future. It also cannot establish whether, in some cases, being obese prevented people from being active, meaning that their weight determined their workout routines and not the other way around.

Perhaps most important, it does not tell us how augmenting walks or other aerobic activities with weight training might help us to avoid obesity, Bennie and his colleagues speculate that aerobic and resistance exercise produce differing effects on our metabolisms, hormones, appetites and even the structures of our brains that, synergistically, remodel our bodies and minds in ways that reduce the likelihood we will gain weight.

More study is needed, of course. But in the meantime, those of us hoping to keep our weight under control might want to consider cycling or walking to the gym, where we might want to pick up some weights.





# On a bad day for singles, pairs rejoice

After star shuttlers lose singles ties against Thailand, Arjun-Kapila, Srikanth-Shetty and Sen rally to take India to Asia Championships semis

SHIVANI NAIK  
FEBRUARY 14

THE STAGE was set in the tie: 0-2 down in the quarter finals against Thailand after the top two singles players lost at the Badminton Asia Team Championships, with furious fans on Twitter slamming the Indian men's shuttlers and questioning everything from their form to the funding. It's when India got its first whiff of what a team event can do to individuals: soak in their weaknesses and blow up their strengths.

Sai Praneeth and K Srikanth's losses in the first and second singles of the five-match event, narrowed down the goal for young MR Arjun and Dhruv Kapila, who were fresh off the Premier Badminton League bursts of preparation.

"Little bit we were under pressure. Things were not going how we'd expected. But still we had to play just our own game. I don't think there was a lot of pressure, just a bit," said Dhruv of the situation. What started with the tyros, was mopped up by the pros as Srikanth — strategically fielded to play doubles match 1 with Chirag Shetty in absence of Satwiksairaj Rankireddy — helped India to an astonishing 3-2 win after trailing 0-2 and make the semifinals against Indonesia on Saturday.

Besides Dhruv and Arjun, the young star of the tie was Lakshya Sen playing the third singles who pounced on the 2-1 narrowing of margin by the two, and levelled at 2-2 with a 21-19, 21-18 win over Suppanyu Avihingsanon. Coach Vimal Kumar was chuffed as Lakshya, ranked No 31 beat the 6-footer Thai, ranked No 45. "I am happy they fielded him today. He was really looking forward to playing. I am happy he could play a crucial role in an important tie for India. As a youngster winning pressure games like these, will help him to establish on the big stage," Vimal, who'd taken the punt on Saina Nehwal at the CWG team event in 2006, said.

Amidst what had seemed like ruins — an endlessly wretched season for India's top singles players, here was a strategic selection — forced by Satwik's injury, Srikanth was drafted in for doubles with Chirag. And it's the two doubles wins that make Vimal even more happy. "This is creditable especially after the



Sai Praneeth and K Srikanth's losses in the first and second singles, narrowed down the goal for young MR Arjun and Dhruv Kapila. Lakshya Sen won the third singles and the makeshift pairing of Srikanth and Chirag Shetty clinched the tie.

disastrous outing yesterday against Malaysia (India lost 4-1). Winning two doubles matches by India is unheard of," Vimal gushed.

Chirag Shetty had been keeping an 360 eye on the courts, approaching Lakshya, just as Dhruv and Arjun were wrapping up a 21-18, 22-20 win over Kedren Kittinupong and Viriyangkura Tanupat. "We were 0-2 down in the tie and we were just expected to get a point for the team. We had a good strategy before playing. We knew how to control the game from the start and it worked in a very good way," Dhruv said.

Chirag said after Sai Praneeth went down 21-14, 12-21, 21-12 to Kantaphon Wangcharoen and Srikanth lost 22-20, 21-14 to Thai prodigy Kunlavut Vitidsarn, they

did not have much hope. "Arjun and Dhruv were about to win and right before his match I told Lakshya that if you win that match then surely me and Srikanth will give our everything and get that win for the team. And we put up a splendid show. All credit to the team — we gave our heart out. And this is one of the really good team wins for India," he says of finishing the 3-2 win.

### Court duties

Srikanth grew up as a doubles player till his late teens and drew confidence from sharing court duties with the eager learner Chirag coming off his breakthrough year. "In both first and third game we never lost the lead. So that was very crucial for us. We were

leading at least by a point all throughout the match and that helped us keep our calm and we never really gave them the chance to come back into the game," Chirag says.

As a badminton player, Srikanth has more experience than him, Chirag says, but he is a self-assured specialist doubles player and the two communicated well.

India has fielded Sindhu in many team events in the past, and jamming with a teammate invariably frees up the nerves as happened with an under-fire Srikanth. "Whoever was under pressure, the other one was supporting him. If there was a thing I wanted him to avoid then I'd tell him. And whatever he felt wasn't going right for us, he would tell me the same. Whoever was down

**This is creditable especially after the disastrous outing yesterday against Malaysia (India lost 4-1). Winning two doubles matches by India is unheard of... I am happy they fielded (Lakshya) today. He was really looking forward to playing. I am happy he could play a crucial role in an important tie for India. As a youngster winning pressure games like these, will help him to establish on the big stage"**

VIMAL KUMAR, COACH ON THE DOUBLES WINS, LAKSHYA'S PERFORMANCE

was taking the initiative. There was a lot of discussion. Neither of us was directing the other as such," Chirag says.

They were inspired by Dhruv-Arjun, the youngsters, who were playing a team event for the first time together and nicked the first points playing against the second-best Thai pairing. "When the team was down 0-2 they gave us the important win. Both of them played exceedingly well and gave us that win...and then Lakshya played tremendously well," Chirag says.

The team would get into a huddle post the come from behind win and chant: "How's the josh? High sir!" twice.

The BATC has an overpowering whiff of points hoarding for Olympic qualification for the singles players and Indonesia with its world-topper doubles teams and higher ranked singles players pose a tough challenge. Dhruv though is looking forward: "Excited yes and we are ready."

Vimal reckons Sai, Srikanth and Prannoy are low on confidence and cracking qualification looks uphill right now. But a strange irony coexists: "It's looking tough, but in fact Srikanth in the Men's singles is the best bet for a medal if he makes the cut," Vimal says.

Coach Siadatullah accompanying the team is taking it a step at a time. "Doubles match was very tough, we didn't expect to win that. But Srikanth supported Chirag well to win. Lakshya played well," he says.

## BRIEFLY

### French Open to be Federer's only clay appearance in 2020

Mumbai: Roger Federer will make his only appearance on clay this season at Roland Garros, his agent has told Reuters. The Swiss skipped the entire claycourt season in 2017 and 2018 and last year played only two tournaments on the surface before arriving in Paris for the French Open. There was speculation that Federer would include the Madrid and Rome Masters in his truncated schedule for 2020 but his agent Tony Godtsick, said that was not the case. "As his schedule states, he plans on playing just Roland Garros," Godtsick told Reuters.

### Ronaldo penalty snatches Juve draw

Milan: Cristiano Ronaldo's injury-time penalty grabbed Juventus a 1-1 draw at AC Milan in their Italian Cup semi-final, first leg as his incredible scoring run continued. The 35-year-old has now scored 12 goals in his last eight games in all competitions after the Portuguese ultimately got the better of old rival Zlatan Ibrahimovic. Milan paid for Theo Hernandez's 71st-minute red card on Thursday as they failed to close out a game they had dominated for long periods and led through Ante Rebic. Juve will now be favourites to finish the job in the second leg at the Allianz Stadium next month, with a final against either Inter Milan or Napoli up for grabs.

### Mane, Milner in contention: Klopp

London: Liverpool winger Sadio Mane and midfielder James Milner are back in contention for the Premier League leaders after the pair recovered from injuries that had sidelined them in recent games, manager Jurgen Klopp said on Friday. Mane was forced off with an injury in Liverpool's 2-1 win over Wolverhampton Wanderers on Jan. 23 while Milner has missed the last seven games in all competitions due to a muscle injury. **AGENCIES**

# Shhh... बच्चे पढ़ रहे हैं

शोरगुल से हैं परेशान ?  
पढ़ाई में नहीं लगा पा रहे ध्यान ?  
कॉल करें **112**  
पुलिस करेगी समाधान...

उत्तर प्रदेश

आपात सेवाएं

सभी विद्यार्थियों को हमारी शुभकामनाएं

पर्यावरण संरक्षण अधिनियम, 1986 व  
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