

# ANNOUNCEMENT ABOUT DELHI LOCKDOWN

## Delhi will be under lockdown from 23-31 March, 2020

The Government of NCT of Delhi has issued the Delhi Epidemic Diseases, COVID-19 Regulations, 2020 under the Epidemic Diseases Act, 1897 for prevention and containment of COVID-19. In exercise of the aforesaid powers, it is hereby notified that a lockdown in the whole of territorial jurisdiction of NCT of Delhi from 0600 hrs on Monday, 23rd March, 2020 to midnight of Tuesday, 31st March, 2020, stipulating the following restrictions:

- a. No public transport services including operation of private buses, taxis, auto-rickshaws, rickshaws and e-rickshaws etc. shall be permitted. Only DTC buses shall operate at not more than 25% capacity to cater to personnel engaged in essential services.
- b. All shops, commercial establishments, factories, workshops, offices, godowns, weekly bazaars etc. shall close their operations.
- c. The motorable and unmotorable borders of NCT of Delhi with the neighbouring states of Haryana and Uttar Pradesh shall be sealed.
- d. Movement of inter-state buses/trains/metro (DMRC) shall be suspended.
- e. All domestic/international flights arriving to Delhi during this period shall be suspended.
- f. Construction activity of any kind shall be suspended.
- g. All religious places of any denomination shall be closed.
- h. People are required to stay at home and come out only for basic services (as enumerated below) within the vicinity of their residences while strictly following the social distancing guidelines issued earlier.

## EXEMPT CATEGORIES:

However, the following services/establishments are excluded from the purview of this order and shall continue to function normally:

- a. Offices charged with law and order and magisterial duties
- b. Police
- c. Health
- d. Fire
- e. Prisons
- f. Fair Price Shops (Public Distribution System)
- g. Electricity
- h. Water
- i. Municipal Services
- j. Activities related to functioning of Legislative Assembly of Delhi
- k. Pay and Accounts Office (only for salary /wages /contingent/ health & essential services related expenditure)
- l. Print and Electronic Media
- m. Cashier/Teller operations of banks (including ATMs)
- n. Telecom, Internet and Postal services
- o. E-commerce of all essential goods including food, pharmaceutical and medical equipments
- p. Food items, groceries (fruits/vegetables/milk/ bakery items, meat, fish etc.)
- q. Milk plants
- r. General Provision stores
- s. Take away/ home delivery in restaurants.
- t. Chemists and Pharmacies.
- u. Petrol pumps, LPG/Oil agencies (including their godown and transportation-related activities)
- v. Animal fodder
- w. Manufacturing , processing , transportation, distribution, storage , trade/commerce and logistics related to all the above services/establishments and commodities required for delivery of these above services
- x. Any other essential service/ establishment that may be exempted by the Government

## IMPORTANT POINTS:

1. The aforesaid services/establishments that are permitted to function shall strictly follow the guidelines and protocol related to social distancing, without deviation.
2. People who come out to provide or avail essential services shall be allowed on their self-declaration.
3. Any congregation of more than 5 persons is strictly prohibited and punishable as per law.
4. The employees of private establishments (including temporary/ contractual/ outsourced etc.) required to stay at home in view of this order shall be treated as "on duty" and be paid in full.
5. Order in respect of the offices of the Government of India shall be issued by the Government of India accordingly.
6. Any person found violating this order shall be prosecuted as per the relevant provisions of law.



**75 DISTRICTS IN 22 STATES**  
placed under complete lockdown

**PASSENGER TRAINS, BUS,**  
Metro services stand suspended

**BEGINNING OF LONG BATTLE,**  
says PM after Janata Curfew success

# A billion plus hunker down

A 14-HOUR CURFEW AND A BURST OF APPLAUSE FOR CORONA FIGHTERS SETS STAGE FOR THE CHALLENGE AHEAD



The deserted Bandra Worli Sealink in Mumbai during the Janata Curfew on Sunday; people in Noida applaud those fighting the virus threat. Prashant Nadkar/Abhinav Saha



15 injured personnel were airlifted. Express

## Naxal ambush: Bodies of 17 personnel found inside Bastar forest, their weapons looted

GARGIVERMA  
SUKMA, MARCH 22

CONFIRMING THE worst fears, bodies of 17 security personnel, who had been declared missing after an encounter with Maoists Saturday in the jungles of Minpa in Sukma district of Chhattisgarh, were recovered Sunday. Officials said this is the biggest Maoist attack on security forces since the attack in Sukma in 2017 when 24 CRPF personnel, part of a road opening party, were killed.



**EXPLAINED**  
Why this is a worrying sign

Chhattisgarh DGP Durgesh Awasthi said: "We have recovered all 17 bodies. All of them are from Chhattisgarh. Our men came under very heavy fire for over five hours, and they fought valiantly."

Bastar IGP P Sundarraj said: "We are unable to trace 12 AK-47s, one each of UBGL, INSAS, LMG that the men had on them. We have reason to believe that these were stolen by the Naxals."

Prime Minister Narendra Modi, in a tweet, said: "Strongly condemn the Maoist attack in Sukma, Chhattisgarh. My tributes to the security personnel martyred in the attack. Their valour will never be forgotten. Condolences to the bereaved families. I pray for a quick recovery of those injured."

Based on information that a large number of Maoists were gathering near Elmagunda, a team of over 600 personnel of the District Reserve Guard (DRG) and the Special Task Force (STF) of the state police and CoBRA

THE FIRST such major attack in nearly three years, it reinforces the suspicion that the relative calm is misleading. There are worrying signs, pointers to tactical anomalies — the men remained untraceable till their bodies were recovered. There are suggestions within Chhattisgarh that its heartland politics is turning the focus away from anti-Naxal operations, and that Bastar needs priority, efficient handling.

commandos of the CRPF were sent on an operation on Saturday morning. The personnel didn't find any Maoist presence near Elmagunda and were on their way back when they were ambushed by over 250 Maoists in

## Delhi, Mumbai too under lockdown till March 31 to check the spread of virus

AVISHEK G DASTIDAR & ABANTIKA GHOSH  
NEW DELHI, MARCH 22

AS THE Janata Curfew called by Prime Minister Narendra Modi wound up Sunday with people across the country responding by staying indoors and applauding those working to battle the coronavirus threat, the government prepared the nation for a long lockdown to contain the spread of the virus.

In a slew of extraordinary measures, authorities announced a complete lockdown of 75 districts in 22 States and Union Territories and suspended all passenger trains, inter-state buses and metro services across the country till March 31.

Delhi, Jharkhand, Punjab and

### AMONG EXEMPTIONS

- Food, grocery stores
- Ration shops
- Petrol pumps
- ATMs, cashier, teller operations
- Chemists and pharmacies
- Cleanliness, sanitation staff
- Print and electronic media
- E-commerce
- Telecom and Internet services

Nagaland declared a statewide lockdown, exempting only essential services, while similar

CONTINUED ON PAGE 4

## All passenger trains stopped for 10 days, 2.3 cr people daily

AVISHEK G DASTIDAR  
NEW DELHI, MARCH 22

MOVING TO shield crores of people from the risk of community transmission of the coronavirus, the government has suspended all passenger train operations across the country till March 31.

The decision was taken after a meeting chaired by Principal Secretary to the Prime Minister P K Mishra and Cabinet Secretary Rajiv Gauba with Chief Secretaries of states Sunday morning. Officials said the move will also cover local trains and Metro rail systems, but exclude freight operations.

Government sources told *The Indian Express* that some of the sanitised trains can be earmarked for isolation facilities — possibly two patients in one coach — as part of preparedness, if needed.

While medical experts have described the government's



Stranded passengers at Sealdah station during the Janata Curfew in Kolkata on Sunday. Partha Paul

decision as "a timely step", its impact on the Railways is significant, especially in terms of numbers.

According to latest figures, the national transporter carried 2.3 crore passengers on 13,523 trains across the country on an average every day — daily commute and long-distance. And officials estimate that given the pattern of

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## 38-yr-old man among three new deaths, toll climbs to 7

EXPRESS NEWS SERVICE  
NEW DELHI, MUMBAI, PATNA, AHMEDABAD, MARCH 22

THREE MORE deaths of novel coronavirus (COVID-19) patients, including a 38-year-old man, were reported on Sunday — one each in Bihar, Gujarat and Maharashtra — taking the toll to seven, the highest in a day so far.

While the total number of cases climbed to 360, the Indian Council of Medical Research (ICMR) maintained that there is no community transmission so far. Dr Balram Bhargava, ICMR Director General and Secretary, Health Research, said a lockdown is the most effective way to break the chain of transmission.

In Mumbai, a 63-year-old businessman, with underlying conditions of high blood pressure,

CONTINUED ON PAGE 4

## Inside a Delhi screening lab: 100 tests a day, 17 hours at work, no family time



FROM TESTING SAMPLES TO TRACKING CONTACTS AND TREATING PATIENTS, MEET THE MEN AND WOMEN, UNSEEN AND UNHEARD, ON THE FRONTLINES OF INDIA'S FIGHT AGAINST CORONAVIRUS

ABANTIKA GHOSH  
NEW DELHI, MARCH 22

THE DOCTOR is out. And, that's a rare sight at the Civil Lines campus in Delhi of the National Centre for Disease Control (NCDC). Especially over the last two months, where he has been putting in 17-hour workdays at the microbiology lab, dressed head to toe in protective gear.

Dr Partha Rakshit is not out for a morning break, though. The deputy director is on the phone with a manufacturer, discussing specifications for more equipment to boost his lab's fight against the coronavirus.

The lab that Rakshit heads is one of 111 across the country, where tests are conducted on blood samples of suspected cases



Samples for testing at NCDC lab in Delhi. Abantika Ghosh

— close to 100 a day at his lab alone these days, he says, from Delhi, UP, J&K and even Ladakh. "We cannot see the virus, so we try to detect its genes in a

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### INSIDE

RWAs OSTRACISING CREW: AIR INDIA  
OVER 300,000 CASES, HALF IN EUROPE  
PAGES 5, 6, 7, 9, 10, 11, 12, 14

### BUSINESS AS USUAL

BY UNNY

Thanks to lockdown, can clearly count more public statues than primary health centres.



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## A thank-you and some notes from a hospital ward

For every belief or action, let's ask the question, writes the author who tested positive and is in hospital, what if every other citizen were to think or act like me?

AJIT MISHRA  
NEW DELHI, MARCH 22

### SPECIAL TO THE EXPRESS

IT WAS shortly before midnight that I, along with another gentleman, was moved from Ram Manohar Lohia to Safdarjung Hospital, after having tested positive for COVID-19. As we moved down the stairs and through the gate towards the waiting ambulance, there were onlookers, about a dozen, even at this time of the night.

They were, of course, maintaining a sufficiently safe distance; not that there was any

chance of anyone catching anything from us as we were in full protective gear. It was obvious that they were trying to get a good look at us. It didn't feel too bad because we were indistinguishable from the medical staff and ambulance driver accompanying us, until we reached the rear door to the ambulance.

This may or may not be a stray incident but it describes our general attitude to the cur-



Safdarjung Hospital, where the writer is admitted. Tashi Tobgyal

rent corona crisis: obsessive curiosity, fear and ignorance. Despite loads of useful information supplied by various government agencies and WHO, and continuous updating of informa-

tion and instructions, people still treat WhatsApp (or similar media) as the source of their life-saving information and recipes. There is a tendency by many to treat the infected (or even po-

tential patients) as dangerous criminals. I read reports that some residents objected to asymptomatic individuals, under home isolation or observation, stepping out to their balcony or verandah to get some fresh air — even though they were at a distance more than 10-15 metres.

Mind you, these people objecting are not uneducated, they probably know that the virus is not going to travel that far, but being self-centered that they are, they don't want to take any chance. Very soon they may refuse to breathe the same air! We may degenerate into some of the unthinkable World War II scenarios.

The sad part is that we refuse to learn from the exemplary courage and dutifulness of our

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# 6 THE OUTBREAK THE CITY



Closed shops in Connaught Place during the 'janata curfew' on Sunday. Abhinav Saha

## CHIEF MINISTER CITES 'EXTRAORDINARY TIMES'

# Capital lockdown until March 31

EXPRESS NEWS SERVICE  
NEW DELHI, MARCH 22

DELHI WILL be on lockdown between 6 am Monday and March 31 to arrest the spread of coronavirus. Gurgaon, Noida and Ghaziabad will also suspend all but essential services.

In a press conference jointly addressed by him and L-G Anil Bajjal, Chief Minister Arvind Kejriwal called the measures necessary. "They say extraordinary times require extraordinary measures. The whole world is battling the virus... We are lucky it reached our country a little later. There is not a lot of research on the coronavirus but we can learn from a lot of other countries — both that took timely measures and those that didn't," he said.

Kejriwal also said the health infrastructure might get overwhelmed if the number of cases shoots up. "There are 27 cases in Delhi so far. Of these, 21 are those who came from abroad and got sick. Six are cases of local trans-

mission. If we suddenly get 1,000 or 1,500 cases, the lockdown will not be effective. The existing health infrastructure might not be able to deal with it," he said.

Essential services will remain operational. This includes law and order, magisterial duties, hospitals, banks, media, grocery and vegetable stores, takeaway services, e-commerce websites and pharmacists. Public transport, including private cabs such as Ola and Uber, the Metro, religious places, international flights and construction are suspended. DTC buses will work at 25% capacity.

State borders will be sealed, allowing only those involved in essential services, to cross over. The assembly of more than five people has been outlawed.

"The less you go out, the safer you are. Stay in, unless it is very important, like for buying milk or food. Anyone out on the roads who says they are providing an essential service or out to get food will be trusted," Kejriwal said. Establishments that violate the orders will be prosecuted.

The CM also said that all private establishments will have to pay full salaries for permanent and contractual employees.

"If we are able to save even 10 lives through these measures, I think taking these measures will be worth it," he said.

Meanwhile, three more people tested positive for coronavirus in Delhi, taking the total number of confirmed cases to 30.

One is a 30-year-old man who was in contact with the 38-year-old woman from Dilshad Garden who tested positive Wednesday. The other two positive cases are a 58-year-old man from North Delhi and a 21-year-old man who lives in Ghitorni. He tested positive in Gurgaon Saturday.

The Delhi government has found that around 35,000 people with a travel history to foreign countries are in the city at present. The government has asked district magistrates to undertake a thorough verification and carry out surveillance to ensure that they remain in home quarantine for 14 days.

### ACROSS DELHI-NCR

#### CLOSED



#### PUBLIC TRANSPORT SERVICES

- Private buses
- Taxis (Ola, Uber included)
- Autorickshaws
- Shops, commercial establishments, factories
- Offices
- Godowns
- Weekly markets

#### EXCLUDED



#### Officers on law and order, magisterial duty

- Police
- Health and welfare staff
- Power supply, water supply depts

- Fire
- Ration shops
- Cleanliness and sanitation staff
- Pay and accounts office
- Print and electronic media
- E-commerce
- Food items and grocery stores
- Petrol pumps
- Cashier and teller operations in banks (including ATMs)
- Chemists and pharmacies
- Animal fodder shops
- Manufacturing units engaged in production of essential and agriculture commodities, food items
- Telecom and internet services



CM Kejriwal and L-G Anil Bajjal at the press conference, Sunday

#### OTHER SERVICES

**DELHI'S BORDERS** with other states sealed — only essential services allowed to continue. Section 144 imposed. Restrictions in Delhi are also for interstate

travel, construction activity and religious places

**IN NOIDA** and Ghaziabad, tuition centres are also closed

**IN GURGAON**, interstate bus travel is restricted. Wholesalers, retailers of essential commodities including food, govt offices, postal services excluded

## Man, his mother test positive in Noida, district cases touch 8

AMIL BHATNAGAR  
NOIDA, MARCH 22

A 27-YEAR-OLD man and his 62-year-old mother tested positive for coronavirus on Sunday, taking the total number of cases in Gautam Budh Nagar district to eight.

According to officials, the man had a travel history to Denmark. Officials believe he contracted the infection there. "The man was sent to Denmark on official work and it is possible he contracted it in Europe. His mother also got infected. Ten members of the family are now in isolation as a precautionary measure; their reports are awaited. Every precaution is being taken," said Dr Anurag Bhargava, CMO.



At the Delhi-Noida border, Sunday. Abhinav Saha



According to officials, a 31-year-old resident from Greater Noida with a travel history to Dubai had also tested positive Saturday evening. Medical officials screened 1,506 flats and 6,050 persons, out of which five were found to have travelled abroad. Currently, 134 people have been admitted in isolation wards set up at various hospitals.

Meanwhile, Ghaziabad and Noida will be among 16 districts in UP under lockdown from March 23 to 25.

## Doctor involved in testing among 2 new Gurgaon cases

SAKSHI DAYAL  
GURGAON, MARCH 22

A DOCTOR at the Civil Hospital is among two people who tested positive for coronavirus in Gurgaon Sunday, taking the total number of patients in the district to eight.

The Haryana government, meanwhile, notified a lockdown on seven districts — Gurgaon, Faridabad, Sonapat, Panipat, Rohtak, Jhajjar and Panchkula — from 9 pm Sunday until March 31. While the shutdown will see closure of all offices and establishments, "essential services" including food wholesalers and retailers, chemists, ATMs, e-commerce services and home delivery and takeaway restaurants have been excluded from its purview.

"Two people, a 22-year-old who recently returned from the UK and lives in Palam Vihar, and a doctor at the Civil Hospital, have tested positive for coronavirus today," said Dr Jaswant Singh Punia, Gurgaon's Chief Medical Officer.

Officials said the woman doctor was a part of a team taking samples of people for testing. Samples of 10 such staff members had been sent for testing, but only hers returned positive, said officials.

As streets in Gurgaon re-



At Gurgaon's Sadar Bazar, Sunday. Express

mained deserted Sunday, with residents observing 'janata curfew', Haryana Chief Minister Manohar Lal Khattar announced the lockdown through social media. "We are going to take it one step further. The same way districts across the country have been locked down, we have also locked down seven districts. I appeal to all residents of these districts to maintain discipline," said Khattar. "There is no need to fear or worry, I believe we are very close to our goal in this fight."

The order states, "Over 6,600 persons are under surveillance in Haryana. Therefore, it is imperative to adopt strict social distancing and isolation measures."

permitted, including taxis and autorickshaws. But transport to and from hospitals, airports and railway stations will be permitted.

The order states that all foreign returnees should remain under "strict home quarantine", and others should come out "only for basic services". Those found violating these directions will "be deemed to have committed an offence punishable under IPC Section 188".

Sunday's order also prohibits "congregation of more than five persons" in public places" and appeals to RWAs to alert police in case of a violation. The civic body also prohibited people from entering parks and community centres "till further order".

## Centre overrules Delhi, says domestic flights will continue

EXPRESS NEWS SERVICE  
NEW DELHI, MARCH 22

DELHI'S DECISION to impose a complete lockdown in the city, including on operations of domestic flights, was Sunday evening overturned by the Directorate General of Civil Aviation (DGCA). The state government's order, announced around 6.30 pm, stated: "All domestic/international flights arriving in Delhi during this period shall be suspended."

Shortly afterwards, a spokesperson for the Central Civil Aviation Ministry said that the IGI airport will continue to operate. "Domestic flights to and from IGI Airport, Delhi shall continue to operate and the airport shall remain functional," the spokesperson said.

According to sources in the civil aviation ministry, Delhi government's order was deemed null as civil aviation was a Central subject, and that while entry into the NCT via road can be prohibited by the Delhi government, only the Centre had powers to restrict flight movement.

"The subject falls under the central government (aviation ministry), and they have decided that all domestic flights to and from IGIA Delhi shall continue to



At IGI airport, Sunday. Express

operate and the airport shall remain functional," said DGCA Chief Arun Kumar.

Officials in the Delhi government said the decision had been taken keeping the L-G in the loop. "He is the representative of the Centre. He signed the order and was present at the press conference. Our order is very clear. We do not think flights should be allowed to function. We have to go into complete lockdown," said a senior government official.

There is also confusion over how those who land at the airport will reach home since private buses, taxis, and autorickshaws are off the roads. "Only 25% of the DTC bus fleet will be on the roads. We don't understand why the Centre doesn't want to stop domestic travel," said the official.





**WORDLY WISE**  
NO DISEASE SUFFERED BY A LIVE  
MAN CAN BE KNOWN.  
—LEO TOLSTOY

## The Indian EXPRESS

FOUNDED BY  
RAMNATH GOENKA

BECAUSE THE TRUTH INVOLVES US ALL

# New crisis, old lessons

Pandemic reiterates need to strengthen public health systems, review production and consumption patterns



K SRINATH REDDY

THE GLOBAL pandemic of COVID-19 virus, initially labelled the "novel coronavirus", has forced most of the world into a lockdown, with sweeping spread, mounting mortality and eviscerated economies. While national responses have varied, there are key messages that India must heed as it shapes and strengthens her own response. This is not new wisdom but past prescriptions that were not implemented.

For any outbreak investigation and epidemic containment, we need well-trained human resources at the primary care front-line. The health sub-centres and primary health centres, both rural and urban, must have staff who are not only trained for clinical care but also for early detection, outbreak investigation, counselling, basic tests, triage and referral, community health education and participation, citizen engagement and mobilisation for collective inter-sectoral action. At higher levels, we need epidemiologists, microbiologists, social scientists, statistical modellers and public health management experts to identify the origins, spread, projected course, health system needs and capacity in a dynamic adaptive response to an evolving epidemic. Such multidisciplinary capacity is needed not only for infectious diseases but also for other public health challenges, be they non-communicable diseases like cardiovascular illnesses or childhood malnutrition.

The recommendation to strengthen primary health services has been around for long. The setting up of public health cadres was recommended by the High Level Expert Group (HLEG) on Universal Health Coverage in its 2011 report to the Planning Commission. The National Health Policy also calls for public health management cadres to be established. Only Tamil Nadu and Odisha have such defined cadres now.

The fear of viral pneumonitis needing intensive critical care and ventilatory support calls for more tertiary care facilities. The fact that 80-85 per cent of the patients will have milder forms of the illness, requiring home or hospital quarantine and less intensive supportive care, is ignored. Most patients will

need to be treated, counselled and monitored in the primary and secondary care chain, ranging from the sub-centre to the district hospital, depending on the severity of the ailment. Even district hospitals should be equipped to provide critical care. The health workforce, too, needs to be substantially expanded, at all levels of care, to meet India's needs, as the HLEG emphasised.

The Gorakhpur encephalitis tragedy taught us that we should not depend only on a medical college to cater to the sick, but must strengthen district and primary care facilities. The HLEG also emphasised this need and the National Health Policy reiterates it. We should not lose sight of this in the clamour for more intensive care beds in urban tertiary care facilities. Our referral chains, for directional flow between primary and advanced care, must be systematically strengthened. That cannot happen with a weak public sector.

Evidence suggests that countries with Universal Health Coverage (UHC) respond with efficiency and equity to health emergencies. The standout examples of a coherent and efficient response to the corona pandemic have been South Korea and Singapore. South Korea restricted COVID-19 mortality to less than 1 per cent. The United States, in contrast, is fumbling in deciding how to test and treat and at what cost, in its chaotic health insurance system. There is no doubt that countries which have adopted UHC and have a strong public sector component in healthcare delivery can provide an early, effective and organised response to any health emergency.

The HLEG advocated a strong public sector-led UHC, with contracted private sector engagement as per need and availability. A weak public sector and excessive dependence on the private sector can derail timely, effective and equitable responses in a national health emergency. Recent trends which place a premium on private sector leadership for India's evolving UHC architecture must be reviewed in the context of COVID-19, by revisiting the private, tertiary care dependant models that are being con-

sidered for long term delivery of UHC. The World Health Organisation also calls for a primary health care-led UHC. This demands a strong public sector.

The HLEG had also recommended an increase in the domestic capacity for producing active pharmaceutical ingredients (APIs), which are basic chemicals for manufacturing medicines, and also for producing more quality assured generic drugs and essential vaccines. Apart from incentivising the domestic private sector capacity, it also called for public sector capacity to be revived and boosted. The recommendation to revive the public sector in pharmaceuticals was criticised by some economists as return to socialist dogma.

The corona crisis shut down the API supply chain from China, which meets over 60 per cent of India's needs. This is a signal to rev up the country's domestic manufacturing capacity. Apart from APIs, we also need the public sector for using the compulsory licence route to produce life-saving but patent-restricted drugs, if the need arises. The need to protect and promote domestic pharmaceutical security goes beyond COVID-19.

It seems the planet, exasperated by our collective failure to act decisively to slow down climate change, has decided to release the coronavirus to shut down travel and transport globally to reduce emissions and pollution. Even if that thought appears to be a flight of dramatic speculation, there is little doubt that zoonotic viruses are now prancing around with greater frequency and gay abandon, because humans have set up conveyor belts for their easy travel - from wildlife to captive-bred veterinary populations and then on, to human habitat. We need to review our production and consumption patterns - in agriculture, food, mining, urbanisation, transport of persons and commodities - and see how we can break this chain, from stopping deforestation to shifting to mostly plant-based diets.

*The writer is president, Public Health Foundation of India. Views are personal*

## AFTER JANATA CURFEW

People's response to PM's call is a first step. Fighting COVID-19 calls for coordination among health bodies, research agencies, states

LAST WEEK, PRIME Minister Narendra Modi reached out to the people, warning them against complacency but also assuring them that there is no need to panic in the fight against the coronavirus. He asked everyone to make behavioural changes and called for restraint and resolve. The PM spoke about the importance of social distancing and emphasised that only an alert and compassionate society can tide over the public health emergency that is upon the world. It's a testament to PM Modi's communication skills and the goodwill he commands, that the people responded wholeheartedly to his call for a 14-hour "Janata Curfew" on Sunday. In a country where the seriousness of infectious diseases is not always appreciated, it's heartening that the PM's call for social distancing has struck a chord. The participation in the 7 am to 9 pm "voluntary" curfew is a reassuring indication of incipient national purpose in dealing with the COVID-19.

Pandemics are cruel, not just in terms of the demands they place on the health and immune systems of people and the hardships they create for families, but also because of the economic — and social — disruptions they cause. There have been reports of migrants, whose livelihoods have been hit, heading back to their villages. A large number of them live in unsanitary conditions and do not always have access to adequate water supplies. Their exodus in overcrowded trains has raised fears of the virus spreading to the country's rural areas and health experts apprehend community transmission of the infection. A high-level meeting of state chief secretaries convened by the cabinet secretary and the principal secretary to the PM on Sunday directed that all inter-state and suburban trains and metro rail services be suspended till March 31. But in the coming days and weeks, the Centre and state governments will have to find ways to mitigate people's economic hardship while addressing public health imperatives. The states have, so far, by and large, fought their own battles against COVID-19. The tough demands made by the virus require them to be in constant conversation with each other, and with the Centre.

On March 21, a meeting of the Centre's Empowered Committee for COVID-19 Response asked all hospitals "to cooperate with national labs for clinical sample collection". Given India's high population density and already stressed and under-resourced public health infrastructure, much more coordination will be required between healthcare institutions, research bodies and government agencies to prevent community transmission of the infection. It is imperative that science remains the cornerstone of the country's response to the pandemic. This requires public health bodies and research outfits to be attentive to all signs on the ground, frame their responses accordingly and communicate the challenges posed by the virus to the people in a language they understand. The success of Sunday's Janata Curfew indicates that the people appreciate the gravity of the situation. But their response to PM Modi's call should be seen as only the first step in the fight against COVID-19.

## ALLEVIATING PAIN

State governments' measures for most vulnerable, Centre's task force — managing economic fallout will require both

WITH SEVERAL PARTS of the country under lockdown, it is difficult at this juncture to gauge the extent of the economic fallout from the coronavirus. It is likely that the disruptions in economic activity will continue well into the upcoming financial year. The immediate pain is being felt by the services industry. But as household discretionary spending starts falling, the manufacturing sector will also feel the pain. And even when the spread is contained domestically, with the virus spreading across Europe and the US, exports will also take a hit. The policy response to deal with this public health crisis requires coordinated action at both Central and state levels. It should aim to limit the immediate economic fallout through some forms of targeted income support, especially for those in the more vulnerable segments of the informal economy, ensure continuity in supply chains for essential items, and easier financing conditions.

Some state governments have announced measures. They are a combination of cash transfers for workers in the informal economy, and provision of food. For instance, the Uttar Pradesh government has announced direct cash transfers for daily wage labourers in the construction sector, and self-employed cart owners, small shop owners and rickshaw pullers, in addition to one month's stock of food grains for vulnerable sections. The Delhi government has announced the provision of meals for the homeless, and enhanced rations and pensions for vulnerable socio-economic groups. The Kerala government has announced a Rs 20,000 crore financial package, of which Rs 14,000 crore is for clearing pending arrears, and Rs 500 crore is towards a health package. The state's move aims to cover loan assistance, pensions, and subsidised meals. Other states could adopt similar measures. Jan Dhan accounts could be used for targeted cash transfers, while excess stocks maintained with the FCI could be disbursed through the public distribution system.

The Centre has formed a task force under the finance minister to assess the economic impact of the pandemic and suggest measures, which could include regulatory forbearance, government guarantee for loans to SMEs, deferment of taxes, and livelihood support for unorganised workers. As demand collapses, firms' cash inflows will fall, impairing their ability to service their loans, pay their employees, suppliers. Thus some sort of regulatory forbearance, relaxation of classification norms of loans as NPA, a moratorium on interest payments, and a sort of a bridge loan to help the more vulnerable businesses will be required. The funding of such measures should be borne jointly by the Centre and the states even as they continue to implement measures to limit the spread of the virus, and mobilise and strengthen capacity to treat the infected.

## FREEZE FRAME

E P UNNY



## IN GOOD FAITH

RAJNI BAKSHI

"MORE PEOPLE DIE of worry than of natural causes" — this quotation from Mahatma Gandhi can be extended in scope to include fear. At present, fear is as big an enemy as the actual coronavirus that has shut down normal life across the globe. If you are, like most, scrambling to find ways to not catch the coronavirus, please do consider laughing really hard.

Don't get me wrong. Laughing is not a substitute for basic precautions — the right kind of mask when in public places, exercise, nutritious food and drinks, and, immediate medical attention in case of symptoms. But, the one thing that can build a strong foundation for all these material precautions to build upon is laughter.

This is not about laughing "at" the situation or trivialising the gravity of the epidemic. Please treat this advocacy of laughter in the same spirit in which airlines exhort you to first wear the oxygen mask yourself before trying to assist others. Building your immunity to the virus is very much like putting on the oxygen mask so you can help others.

Laughter clubs across the world are proof of a widely-held belief about laughing your way to good health or, at least, good mood. Forty years after it was first published, the book *Anatomy of an Illness as Perceived by the Patient: Reflections on Healing and Regeneration*, by Norman

## THE CASE FOR LAUGHTER

In distressing times of pandemics and violence, it can alleviate pain

Cousins, remains a classic. Cousins, a political journalist, described how he worked with his doctors to make laughter the crucial element of overcoming his life-threatening degenerative disease.

Cousins was not claiming that laughter alone can cure grave illnesses. Instead, he was drawing on his own success to make a case for holistic healing. Whatever laughter may do for your body, it is certainly a powerful counter to fear.

A large number of people who die following a snake bite are killed by fear and shock, not just the venom in their bloodstream. Laughter as an antidote to fear works at two levels. It can serve merely as a distraction and a form of healthy exertion — which is largely what happens in laughter clubs. Far more importantly, it is laughter-as-defiance that counters fear: Be it the fear of an epidemic or a tyrant.

A hugely popular novel by Umberto Eco, *The Name of the Rose*, explores how, from ancient times, those in power have feared laughter. Those who can laugh when confronted by the threats and oppression of a tyrant, somehow rise above the violence inflicted on them.

Laughter in the face of grim realities arises from an inner core that remains untouched by the vicissitudes of the moment. Consider this reality check for Indians at the moment, for example.

Imminent, unpredictable threat of random communal violence: Check.

Worsening pains of domestic economic slow-down: Check. Threat of mass deaths due to pandemic: Check. Threat of mass unemployment following global economic meltdown triggered by pandemic: Check. Threat of war in the Middle-East following Saudi crashing of oil price: Check. Threat of extreme weather events wiping out entire cities: Check.

Abject despair would be understandable in these conditions. Except, despair is guaranteed to make you feel worse off. The other option is to see all of the above through the lens of the absurd. For instance, those given to black humour could look at this list and say: "At least a huge meteor won't crash into earth".

Being alive to absurdity does two things. It enables us to see the same over-powering circumstances in a much wider frame, thus taking the bite out of what seems threatening. More importantly, locating our own "self" in this much wider context saves us from the hell of fatal self-preoccupation, or even, self-obsession.

What does this mean in practice? For Cousins, it meant watching comedy films from his hospital bed and laughing so loudly that patients in adjoining rooms complained. Maybe they felt left out.

Have fun finding your own way to LOL, or laughing out loud. Let's make it a defiant laughter that vaporises fear and anxiety.

*Bakshi is author of Bapu Kutli: Journeys in Rediscovery of Gandhi*

## MARCH 23, 1980, FORTY YEARS AGO

### INDO-US DIALOGUE

THE JOINT COMMUNIQUE issued at the end of the two-day meeting of the US-India Economic and Commercial Subcommission contains an Indian warning that the continuance of India's liberalised import policy "would depend on international support", on "suitable multilateral mechanisms being devised for tiding over this crisis" and "sympathetic responses from developed countries to its requests for market access". The Indian delegation was led by Manmohan Singh, secretary to the department of economic affairs. The communique brought out mutual sympathy for each other's economic plight, points of common concern and shared view-

points. But they also revealed the apparently unbridgeable chasm between the countries.

### URANIUM TALKS STUCK

THE PROLONGED DIALOGUE between India and the US on the supply of enriched uranium for the Tarapur atomic power plant has reached an impasse. Exercises seem to be on in both countries to find ways to improve relations without tackling the nuclear hurdle. There has already been an exchange of letters between Indira Gandhi and Jimmy Carter: Thomas Pickering, a senior US official, was in Delhi earlier this month and had talks with the atomic energy chairman, H N Sethna; a US official broached the subject to Eric Gonsalves,

secretary in the external affairs ministry, who visited Washington recently.

### NO TO IRAN PLAN

THE IRANIAN PRESIDENT, Bani-Sadr, disclosed that he had proposed setting up a five-nation commission to investigate the crisis in Afghanistan last month, but the Soviet Union rejected his secret initiative. Bani-Sadr said his proposal was relayed to the Kremlin through Yasser Arafat. The Iranian president said the suggestion was prompted by Moscow's claims that it sent Soviet troops into Afghanistan three months ago because the Americans, the Chinese and the Pakistanis were plotting against the Marxist regime.









# 11 THE OUTBREAK NATION

## North to South, East to West: Empty

Overwhelming response across the country to the Prime Minister's call for a Janata Curfew. At 5 pm, people everywhere applauded those at the forefront of the battle against the coronavirus threat. From the states, *The Indian Express* captures the day



Chennai Central during the nationwide Janata Curfew on Sunday. Arun Janardhanan

### JAMMU & KASHMIR

FROM THE hilly terrains in Chenab Valley and Pir Panjal regions adjoining Kashmir Valley to the plains of Kathua bordering Punjab, people across Jammu region stayed indoors in response to Prime Minister Narendra Modi's call for Janata Curfew. The Muslim majority Pir Panjal-Chenab Valley and the predominantly Hindu inhabited plains of Jammu, Samba and Kathua had often sparred — 2008 Amarnath land row claimed lives of a dozen people across Jammu province and the 2013 Kishtwar communal riots on Eid killed three people. Recently, the Centre's move to abrogate Article 370 drew sharp protests from Pir Panjal and Chenab Valley areas, while the plains of Jammu were muted. People in Kashmir too stayed off the streets. But unlike the rest of the country, it was the security forces that imposed a curfew on Sunday. People didn't beat clap or clank utensils as requested by Prime Minister Modi.

### UTTARAKHAND

IN THE most visited tourist towns, residents stayed indoors. Mussoorie and Dehradun, which were full of tourists weeks ago, looked like ghost towns as the state has banned entry of tourists. Meditative calmness descended on the religious cities of Rishikesh and Haridwar. At Dehradun station, only five trains chugged in during the day with less than half the usual passengers, who were screened by doctors. Many passengers walked lugging their bags as taxis and buses stayed off roads. The police stopped commuters and quizzed them for moving out during the curfew and requested them to stay at home "in the interest of the nation".

### ANDHRA & TELANGANA

PEOPLE stayed indoors and health officials trooped out to sanitise public places. While neighbourhood temples closed after prayers before 6 am, the government ordered shut all main religious places, including the Lord Venkateshwara temple at Tirumala. In Hyderabad, bustling areas such as Kukatpally, Hitec City, Begum Bazar, Charminar and Abids were deserted. Police patrolled the streets, and turned back home curfew-breakers. A bus was intercepted at Telangana-Maharashtra border and 40 passengers, who had returned from Qatar, were detained. They were travelling to Hyderabad from Mumbai and had quarantine seals on their wrists. Several others who had arrived at Hyderabad airport late and advised quarantine were handed over to police by people who found them at bus station and railway stations trying to go to their native places across Telangana or AP. One more person tested positive for Covid 19 today at Hyderabad, taking the number of cases to 26.

### GOA

GOANS LET go the sun, the sand and tourists for a day. The tourists spots, beaches, iconic Mapusa and Panjim markets, food stalls, shacks and cruise jetties remained shut. But fearing that people might go out at 9 pm, the chief minister advised people to stay in after the curfew end-time. As the curfew was drawing to a close, Goa extended it by three more days. At tourist stretches like Baga, Calangute and Anjuna and Candolim, the beaches were empty. At the mouth of Calangute Beach, owner of Ratna Sagar Mohan Shetty said, "If this is the only solution then might as well." The loss to the entire industry with the shutters coming down is expected to be in lakhs. At Porvorim in north Goa, four taxies ferrying Dubai-returned tourists were asked to go to a local police station and fill in their details before being taken to a testing centre. Since Saturday night, the tourist vehicles were asked to return

to their respective states with no entry to heavy passenger vehicle buses.

### RAJASTHAN

PEOPLE IN Rajasthan, which has reported 26 cases, remained indoors, with the latest case being reported from Jodhpur. Transport Minister Pratap Singh Khachariyawas took a round of the old city in Jaipur where the historic sites of Hawa Mahal, the walled city, Badi Chaupad, Tripolia Market, Mirza Ismail road, etc. in Jaipur remained silent. Around 5 pm, men, women and children came out, breaking social distancing norms, to thank the essential service providers. The civil society and human rights organisations, meanwhile, appealed to Chief Minister Ashok Gehlot to supply ration and money to the daily wage labourers, destitutes, vendors who could go hungry in the state-wide lockdown. There are at least 24,880 people in Jaipur who face an uncertain future following the loss of livelihood, said activists, led by Kavita Srivastava of the Rajasthan president of People's Union for Civil Liberties.

### KERALA

KERALA, A state that's not alien to dawn-to-dusk shutdowns, took the self-imposed curfew in its stride and stayed indoors. The CPM-ruled government gave a thumbs up to the call by Prime Minister Modi. Cities, public places, roads wore a deserted look from the morning. Buses, taxis and even private vehicles kept off roads, and shops remained closed though there was nobody on the road to impose the curfew. Chief Minister Pinarayi Vijayan and his cabinet colleagues stayed home. The state government urged people to clean the premises of their homes on the day, which some of the ministers too practised. At 5 pm, people turned up at the courtyards and balconies of their homes, to pay tribute to the health workers fighting COVID-19.

### TAMIL NADU

AS THE state remained indoors on Sunday, not less than 1,000 passengers at the Chennai Central railway station, mostly migrant workers from northern states, struggled to convince the authorities to not send them back to their workplaces. Around 4pm on Sunday, railway police personnel and a few city police officers were seen trying to pacify the people, who were raising slogans seeking a train to Howrah and other places in North India. Many of them, starving from the previous night, were seen using towels or their shirts as masks. On Sunday, the state reported three more cases of infection, taking the total number of cases to nine. The state on Sunday extended the Janata curfew till 5am on Monday. In the three districts of Chennai, Kancheepuram and Erode that will be under lockdown, authorities have suspended all train services till March 31.

### WEST BENGAL

AS PEOPLE stayed indoors to break the chain, the city enjoyed a collateral benefit — clean air. The PM 2.5 readings more than halved at many places. The Janata curfew was successful across West Bengal. The number of passengers in the suburban trains was low. Under South-Eastern Railway, a few suburban trains ran, but found few takers. Few government buses plied and taxis too stayed off the streets. The state government has also ordered a ban on inter-state buses to and from West Bengal till March 31. At 5 pm, residents in houses and housing complexes went to their balconies and courtyards to ring bells and clap to express their gratitude to people engaged in essential services in the time of the novel coronavirus outbreak.

### MUMBAI



The Gateway of India on Sunday. Nirmal Harindran

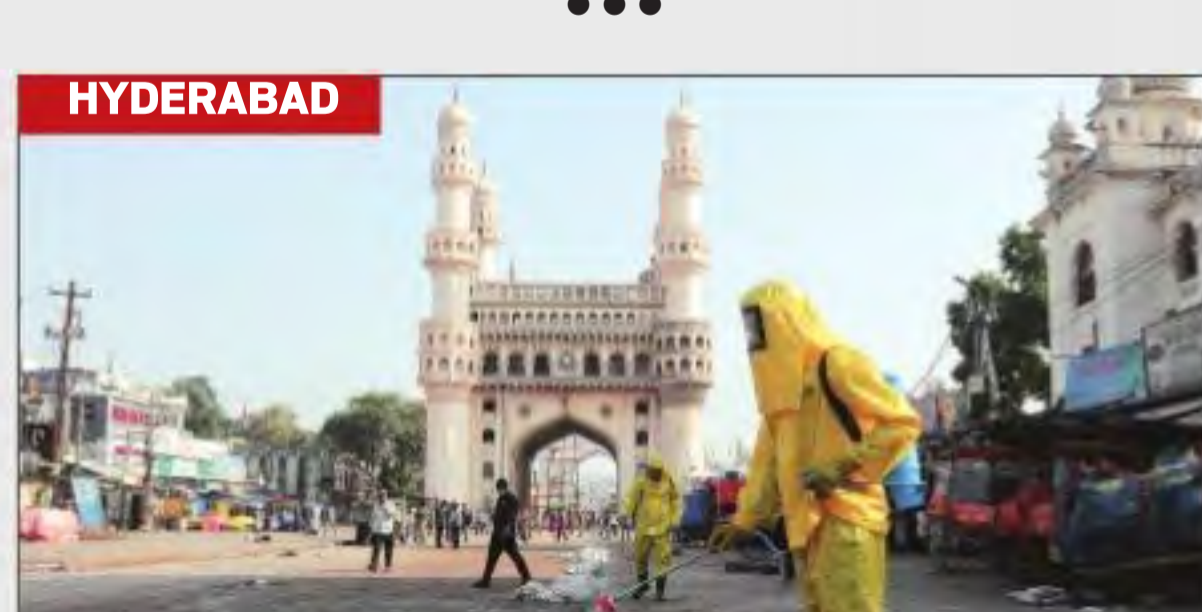
### KOLKATA



Esplanade in Kolkata on Sunday. Partha Paul

At some places, policemen asked those venturing out during the Janata Curfew to return to their homes in the "interest of the nation"

### HYDERABAD



NDRF personnel at work near Charminar on Sunday. AP

### AHMEDABAD



A view of an otherwise busy street in Ahmedabad. Javed Raja

### JHARKHAND

THE PEOPLE of the state, which is yet to report a positive case, stayed indoors. The traders downed shutters, public and private transport stayed off the roads in Ranchi and other areas. On Sunday, the Ranchi administration pasted posters outside the houses of people who are in home quarantine. It read: "Home under quarantine. Do not go inside".

### MAHARASHTRA

PEOPLE IN Mumbai and Pune responded enthusiastically to the call for Janata Curfew. In most places, people remained indoors during the day. At 5 pm, they clapped, beat utensils and burst firecrackers. A policeman on patrol at Versova said, "We have been on the roads since morning... Hardly anyone has stepped out". In Andheri (East), many people were seen chanting slogans such as Bharat Mata ki Jai and Vande Mataram from their balconies. Several people played musical instruments such as dholak, flute and guitar. Some members in housing societies in Goregaon played songs and chanted Ramdas Athawale's 'Go Corona' slogan. Police in Pune imposed a curfew from 9 pm on Sunday till 5 am on Monday. Officials said the orders were issued because of concern that people may come out of houses in large numbers after the time of the Janata Curfew. "I would say it was almost 100 per cent response across the city," said Pune City's Joint Police Commissioner (Law and Order) Ravindra Shisve.

### BIHAR

BIHAR, WHICH reported the first death from novel coronavirus infection in Patna on Sunday, heeded to the Prime Minister's call and stayed indoors. Opposition RJD, which initially called it a "farce", supported it. RJD spokesperson Mrityunjay Tewary said: "We have supported it fully because it is for the health and well-being of all. We have also joined in beating utensils and decided to close our party headquarters till March 31". Aurangabad town, where communal tension has been simmering, exhibited a show of solidarity with both Hindus and Muslims beating utensils together. Bihar CM Nitish Kumar said Janata curfew was "a very effective way of social distancing".

### ODISHA

STATE CAPITAL Bhubaneswar remained deserted throughout the day. Overall, 40 platoons of police force were stationed at various points in Bhubaneswar. Puri's Grand Road, one of the busiest in the state, was empty. Similarly, shutdowns were observed in districts such as Cuttack and Ganjam. Empty buses lined up at the bus stand as the state shut down public transport. Chief Secretary Asit Tripathy, ST Secretary V K Pandian and Skill Odisha Chairperson Subroto Bagchi were seen clapping outside Lok Sewa Bhawan at 5 pm. Odisha State Medical Services Association has released a letter to the state health department, informing that "in the District Headquarter hospital and other periphery institutions there are insufficient masks, sanitizers and PPE (personal protective equipment) kits". The letter warns, "There is high chance of infections to health care providers. If that happens, we will enter into phase III of pandemic and that is very dangerous".

### NORTH-EAST

FROM FIVE minutes before 5pm, Guwahati started reverberating with clanging of utensils, claps and blowing of conch shells as a mark of respect for those on the frontline of

the battle against coronavirus and partly in relief over the news that a four-and-a-half-year-old girl from Jorhat who tested positive in the first test last evening tested negative in the second confirmatory test. As of now, Assam has not reported COVID-19 cases. Chief minister Sarbananda Sonowal urged people to continue Janata Curfew till 8 am Monday. Nagaland ordered a near total shutdown from Monday. Commercial passenger vehicles, both public and private, would not be allowed to ply and movement of all public is restricted. The government of Mizoram also announced a near lockdown on Sunday.

### GUJARAT

THE CITIES of Ahmedabad, Vadodara, Surat and Rajkot remained quiet till they decided to say thanks with drums, bugles, fireworks, and claps at 5 pm. Dariapur, a communally sensitive area of Ahmedabad, witnessed complete shutdown following the PM's call for 'Janata Curfew'. The Muslims offered (prayers) for the well-being of all, especially those working to check the spread of COVID-19. Rafiq Nagriwala, a senior citizen from Dariapur and a social worker, said, "To check the spread of the virus and for well-being of all, we performed mass prayers." Though shops remained closed and roads were relatively empty, many people were seated outside either enjoying a game of cricket, or a cup of tea. Nearly 7 km away from where the first positive case was reported in Vadodara, in Makarpura area, young and old blew trumpets, clapped and banged steel plates at 5 pm. Across the Ellisbridge on the eastern bank of the Sabarmati river, the Bishop of the CNI church, Gujarat, Silvanc Christian conducted the Sunday service online.

### PUNJAB

"AFTER THE 1984 anti-Sikh riots, it is for the first time that I have seen such a lockdown when markets were closed and people did not come out. It reminded me of the old days in Punjab," said Satwant Kaur (74), a resident of Mohali. The Janata Curfew was complete in Punjab. The industrial city of Ludhiana wore a deserted look. Jalandhar also witnessed complete shutdown. It was all quiet in the holy city of Amritsar, with the Golden Temple witnessing only a few devotees. Akal Takht Jathedar Harpreet Singh chose this day to send a message to Sikhs across the world to observe self-quarantine. People began to step out around 5 pm when they gathered at the gates of their houses with plates, bells and conch shells to express their gratitude to doctors, police and others. To ensure success of 'Janata curfew' in rural areas, announcements were being made from religious places asking people to not step out.

### KARNATAKA

STREETS IN Bengaluru and other parts of the state wore a deserted look as the Janata Curfew proposed by Prime Minister Narendra Modi to help check the spread of coronavirus received a tremendous response across Karnataka. The Chief Minister complimented and thanked people of the state for supporting the Prime Minister's call. Appealing to people in the cities not to travel to villages for the next 15 days to control outbreak in rural areas, Yediyurappa said a decision has also been taken to screen all domestic passengers henceforth at the airports.









## THE PANDEMIC

# Closed

Paying to stop the pandemic



People wearing protective masks in Tokyo on March 12. As of March 18th SARS-COV-2, the virus behind COVID-19, had registered 134,000 infections outside China in 155 countries and territories. Reuters

PLANET EARTH is shutting down. In the struggle to get a grip on covid-19, one country after another is demanding that its citizens shun society. As that sends economies reeling, desperate governments are trying to tide over companies and consumers by handing out trillions of dollars in aid and loan guarantees. Nobody can be sure how well these rescues will work.

But there is worse. Troubling new findings suggest that stopping the pandemic might require repeated shutdowns. And yet it is also now clear that such a strategy would condemn the world economy to grave—perhaps intolerable—harm. Some very hard choices lie ahead.

Barely 12 weeks after the first reports of people mysteriously falling ill in Wuhan, in central China, the world is beginning to grasp the pandemic's true human and economic toll. As of March 18th SARS-COV-2, the virus behind covid-19, had registered 134,000 infections outside China in 155 countries and territories. In just seven days that is an increase of almost 90,000 cases and 43 countries and territories. The real number of cases is thought to be at least an order of magnitude greater.

Spooked, governments are rushing to impose controls that would have been unimaginable only a few weeks ago.

Scores of countries, including many in Africa and Latin America, have barred travellers from places where the virus is rife. Times Square is deserted, the City of London is dark and in France, Italy and Spain cafés, bars and restaurants have bolted their doors. Everywhere empty stadiums echo to absent crowds.

It has become clear that the economy is taking a much worse battering than analysts had expected. Data for January and February show that industrial output in China, which had been forecast to fall by 3% compared with a year earlier, was down by 13.5%. Retail sales were not 4% lower, but 20.5%. Fixed-asset investment, which measures the spending on such things as machinery and infrastructure, declined by 24%, six times more than predicted. That has sent economic forecasters the world over scurrying to revise down their predictions. Faced with the most brutal recession in living memory, governments are setting out rescue packages on a scale that exceeds even the financial crisis of 2007-09.

This is the backdrop for fundamental choices about how to manage the disease. Using an epidemiological model, a group from Imperial College in London this week set out a framework to help policymakers think about what lies ahead. It is bleak.

One approach is mitigation, "flattening the curve" to make the pandemic less intense by, say, isolating cases and quarantining infected households. The other is to suppress it with a broader range of measures, including shutting in everybody, other than those who cannot work from home, and closing schools and universities. Mitigation curbs the pandemic, suppression aims to stop it in its tracks.

The modellers found that, were the virus left to spread, it would cause around 2.2m deaths in America and 500,000 in Britain by the end of summer. In advanced economies, they concluded, three months of curve-flattening, including two-week quarantines of infected households, would at best prevent only about half of these. Moreover, peak demand for intensive care would still be eight times the surge capacity of Britain's National Health Service, leading to many more deaths than the model did not attempt to compute. If that pattern holds in other parts of Europe, even its best-resourced health systems, including Germany's, would be overwhelmed.

No wonder governments are opting for the more stringent controls needed to suppress the pandemic. Suppression has the advantage that it has worked in China. On March 18th Italy added 4,207 new cases whereas Wuhan counted none at all. China

has recorded a total of just over 80,000 cases in a population of 1.4bn people. For comparison, the Imperial group estimated that the virus left to itself would infect more than 80% of the population in Britain and America.

But that is why suppression has a sting in its tail. By keeping infection rates relatively low, it leaves many people susceptible to the virus. And since covid-19 is now so widespread, within countries and around the world, the Imperial model suggests that epidemics would return within a few weeks of the restrictions being lifted. To avoid this, countries must suppress the disease each time it resurfaces, spending at least half their time in lockdown. This on-off cycle must be repeated until either the disease has worked through the population or there is a vaccine which could be months away, if one works at all.

This is just a model, and models are just educated guesses based on the best evidence. Hence the importance of watching China to see if life there can return to normal without the disease breaking out again. The hope is that teams of epidemiologists can test on a massive scale so as to catch new cases early, trace their contacts and quarantine them without turning society upside down. Perhaps they will be helped by new drugs, such as a Japanese antiviral compound

which China this week said was promising.

But this is just a hope, and hope is not a policy. The bitter truth is that mitigation costs too many lives and suppression may be economically unsustainable. After a few iterations governments might not have the capacity to carry businesses and consumers. Ordinary people might not tolerate the upheaval. The cost of repeated isolation, measured by mental well-being and the long-term health of the rest of the population, might not justify it.

In the real world there are trade-offs between the two strategies, though governments can make both more efficient. South Korea, China and Italy have shown that this starts with mass-testing. The more clearly you can identify who has the disease, the less you must depend upon indiscriminate restrictions. Tests for antibodies to the virus, picking up who has been infected and recovered, are needed to supplement today's which are only valid just before and during the illness. That will let immune people go about their business in the knowledge that they cannot be a source of further infections.

A second line of attack is to use technology to administer quarantines and social distancing. China is using apps to certify who is clear of the disease and who is not. Both it

and South Korea are using big data and social media to trace infections, alert people to hotspots and round up contacts. South Korea changed the law to allow the state to gain access to medical records and share them without a warrant. In normal times many democracies might find that too intrusive. Times are not normal.

Last, governments should invest in health care, even if their efforts take months to bear fruit and may never be needed. They should increase the surge capacity of intensive care. Countries like Britain and America are desperately short of beds, specialists and ventilators. They should define the best treatment protocols, develop vaccines and test new therapeutic drugs. All this would make mitigation less lethal and suppression cheaper.

Be under no illusions. Such measures might still not prevent the pandemic from extracting a heavy toll. Today governments seem to be committed to suppression, whatever the cost. But if the disease is not conquered quickly, they will edge towards mitigation, even if that will result in many more deaths. Understandably, just now that is not a trade-off any government is willing to contemplate. They may soon have no choice.

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## CHINA AND AMERICA

# The blame game

Amid the pandemic, Sino-American relations are worsening

A CRIPPLING pandemic would seem to be an occasion for the world's two biggest economies to set aside differences and work together. Instead relations between America and China are nearing their darkest point since the crushing of the Tiananmen Square protests in 1989. Amid the crisis, the two countries are engaged in bitter name-calling and tit-for-tat struggles.

Some Chinese officials have been promoting a conspiracy theory that the American army brought covid-19 to China. President Donald Trump, meanwhile, has taken to calling SARS-COV-2 the "Chinese virus". One reason why he might wish to emphasise where the virus originated is that curbing travel from China was one of the few actions he took swiftly to fight it. More cynically still, Mr Trump is once again stoking a distracting media debate about his choice of words—whether he is being racist, as critics charge, or standing up for America by telling the truth. That is far more comfortable terrain than examining why he downplayed the virus for weeks.

On March 18th Sino-American feuding intensified. China announced the expulsions of almost all American citizens—about a dozen people—working in mainland China for the New York Times, the Washington Post and the Wall Street Journal. It was the biggest mass expulsion of Western journalists from China

since Mao Zedong seized power in 1949.

The sparring has escalated quickly. Early in January China ignored requests for access to Wuhan by American disease-control experts who wanted to assess the early stages of the outbreak. It was furious when, later in January, Mr Trump barred non-American visitors from China. Now that the epidemic has waned, at least temporarily, in China, officials there are trumpeting their resolute handling of it, in contrast with America's fumbling—a victory for one-party rule, they suggest.

The relationship between the two great powers is far worse than during the presidencies of Barack Obama and Hu Jintao less than a decade ago. At that time there was also much distrust, but the two leaders co-operated on some vital issues, such as climate change and the global financial crisis.

Under Mr Trump and China's current leader, Xi Jinping, there has been no such detente. Mr Trump has packed his administration with China hawks, withdrawn from the Paris climate accord which Mr Obama and Mr Xi had signed, launched a trade war, hunted for Chinese spies in America and lobbied allies around the world to bar Huawei, a Chinese firm, from their 5G networks. Mr Xi in turn has pursued an increasingly aggressive foreign policy and intensified repression at home.

In January, as covid-19 began to spread beyond China's borders, the two countries at

least managed to suspend their trade war. But tensions have persisted in many other areas. The trading of blows over journalists has been straight from the cold-war playbook. On February 18th the Trump administration designated five Chinese media organisations as "foreign missions" of the Chinese government. The next day China announced the expulsions of three Wall Street Journal reporters, ostensibly as punishment for a headline in the newspaper calling China the "real sick man of Asia". America then imposed a cap of 100 on Chinese nationals working for those five media: Xinhua, CGTN, China Daily, China Radio International and the distribution arm of People's Daily. That meant, in effect, the expulsion of 60 people.

China's response will have a far bigger impact on journalism, stripping the foreign press corps in China of many of its best correspondents. It will also worry many people in Hong Kong, where anger over Chinese interference has triggered frequent protests in recent months. China says the expelled reporters are barred from working there too. This scraps a convention under Chinese rule that foreign reporters, even if shut out of the mainland, can still work in Hong Kong. The central government has, in effect, made it clear that its rules for managing foreign journalists will take precedence over Hong Kong's far freer system.



Staff in protective suits accompany passengers outside a centralised facility for screening in Beijing on March 12. Reuters

In recent years Chinese officials have been confrontational with many Western countries, but more cautious with America. That era may be over. The harshness of China's retaliation suggests that its leaders are becoming more willing to risk open hostility with the United States.

China's insinuations over the origin of covid-19 are a sign of this change. For weeks fanciful theories had been circulating online in China and in Chinese media that the coronavirus was an American bioweapon, produced by the CIA or the US Army and released in Wuhan in October, when the city hosted the Military World Games. On March

12th Zhao Lijian, a spokesman for China's foreign ministry, stepped in on Twitter, where he now has more than 400,000 followers. "It might be US army who brought the epidemic to Wuhan," he tweeted. "Be transparent! Make public your data! US owe us an explanation!" Other Chinese diplomats have joined in spreading the rumour. Some American officials have also floated a baseless idea that covid-19 emerged from a research lab in Wuhan.

Mr Trump said China's conspiracy theory was one reason why he would keep calling SARS-COV-2 the "Chinese virus". He dismissed a reporter's suggestion that this

might be racist. But his language seems likely to stoke racism, including among his own staff. On March 17th a Chinese-born American television reporter tweeted that a White House official had called the virus "Kung Flu" to her face.

For now the swapping of insults may appear infantile. But as the epidemic worsens, so too will the scapegoating. If far larger numbers die, perceptions in China and America of who is to blame will have profound consequences for a relationship that is already looking scarily frayed.

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Through these testing times India has seen a major drop in its air and noise pollution levels, Venice has dolphins playing in their harbours, boars running around their streets, and the pollution levels have dropped all over the world"

ROHIT SHARMA

# 'Zindagi rahi toh hi khel payenge'

Ace wrestler Bajrang has waited long for a chance at an Olympic medal, but realises that it's not the right time for the Games

# AIFF should initiate PK lecture, says ex-coach

SHAMIK CHAKRABARTY  
KOLKATA, MARCH 22

FORMER INDIAN football team captain and coach Syed Nayeemuddin feels that the All India Football Federation (AIFF) should start an annual PK Banerjee Lecture in memory of the departed legend. Three-time I-League winning coach Armando Colaco concurs. The AIFF technical committee chairman Shyam Thapa says he will take the proposal to the Federation general secretary Kushal Das.

PK passed away on Friday and usually the AIFF is not good at remembering the former greats. But PK, the two-time Olympian and an Asian Games gold medal winner, wasn't just another former footballer. A good majority in the Indian football fraternity wants the AIFF to preserve the legacy of the Fifa Order of Merit holder.

"Starting a PK Banerjee Memorial Lecture is the least the AIFF can do. He was one of the greatest in Indian football and like the Indian cricket board has the Mansur Ali Khan Pataudi Memorial Lecture, the AIFF, too, should take a leaf out of the BCCI's book and honour the legend," Nayeem, the only footballer to win the Arjuna and Dronacharya Awards, told *The Indian Express*.

"We as former footballers feel neglected by the AIFF. The way the Indian cricket board looks after the former players – pensions and other support – our football federation doesn't do that. Support from the AIFF is very, very important for the ex-players. So I think something should be done for the legend, PK Banerjee. It's very important," he added.

He enlists his credentials, unfamiliar to the younger generation of the country. "PK Banerjee is a legend and he deserves all the credit. He was not only a great player for India, but also a great coach. So his greatness should be compensated. The AIFF can name a tournament after him. I have a feeling that the AIFF will do something in his honour and I do welcome the idea of starting (an annual) PK Banerjee Memorial Lecture," Colaco, who took Dempo SC to the AFC Cup semifinals and also coached India, observed.

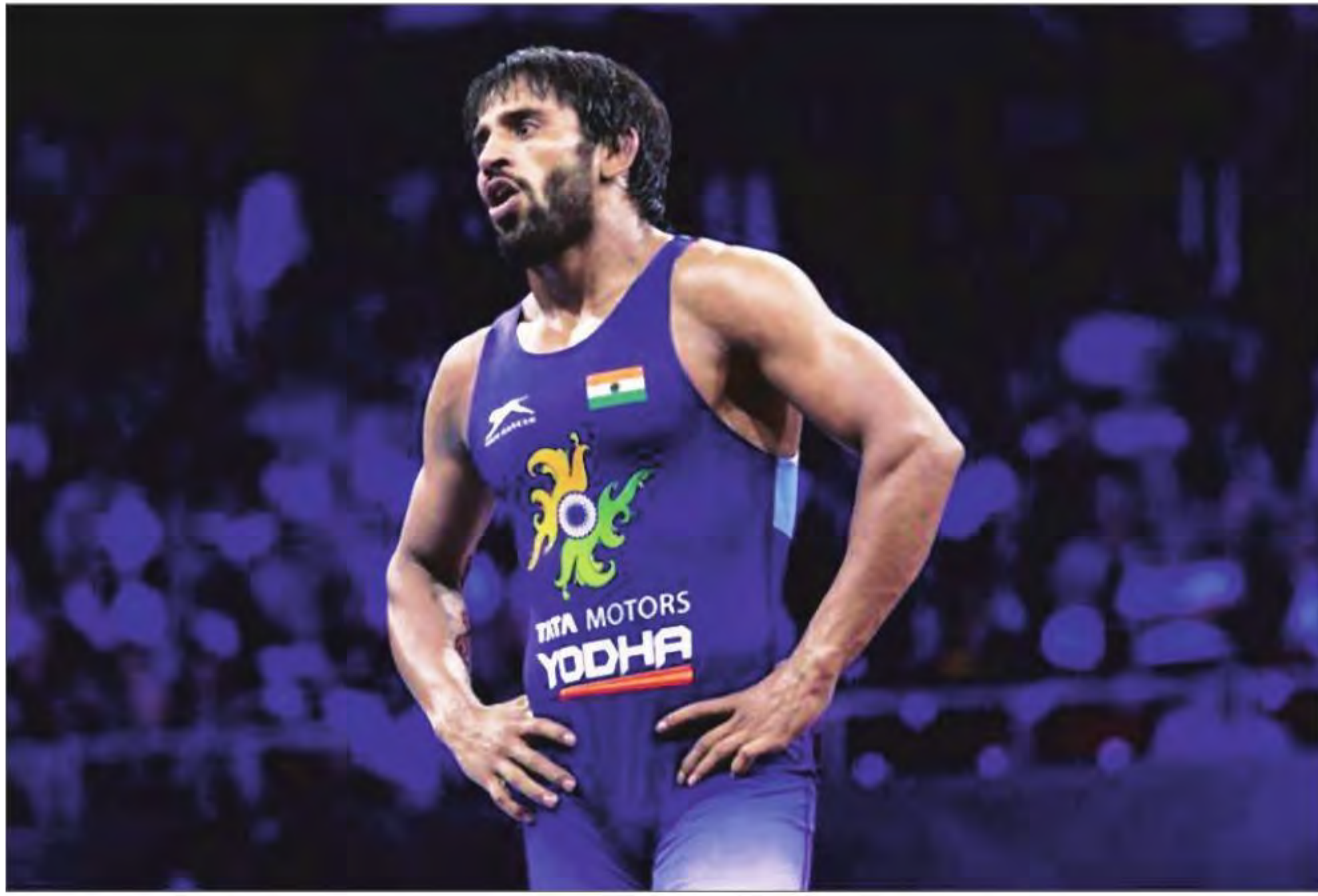
Colaco described PK as "inspiration personified". "That's what I have found. It's an asset in modern-day football. Sometimes when in the first 45 minutes things don't go well, you need somebody in the dressing-room who can inspire you."

Thapa, who was nurtured by PK at East Bengal and Mohun Bagan, welcomes the idea. "I think we should do it. I will talk to Mr Kushal Das. At the next AIFF meeting, whenever it (is scheduled), I will put forward this proposal," he tells this paper.

According to Das, it's for the AIFF's executive committee to take a call. "This is a decision, which will be taken by the executive committee, not by me. If the executive committee of the AIFF decides, it can be done."

**Starting a PK Banerjee Memorial Lecture is the least the AIFF can do. He was one of the greatest in Indian football and like the Indian cricket board has the Mansur Ali Khan Pataudi Memorial Lecture, the AIFF, too, should take a leaf out of the BCCI's book and honour the legend."**

SYED NAYEEMUDDIN  
FORMER INDIA COACH AND CAPTAIN



Bajrang Punia, India's finest contemporary wrestler, reckons it is better to postpone the Tokyo Games, given the precarious times. File

**To be honest, I am not thinking about the Olympics right now. At the moment, we have to be careful from the virus. That doesn't mean I have stopped training. I have been training everyday but simultaneously, it's important to take care of our health too," he says."**

BAJRANG PUNIA  
WRESTLER

for everyone. People in the USA, China, Russia, Iran, Italy... not just for us Indians. Even the Russian and Iranian wrestlers are training at home right now," he says.

On Sunday, his personal coach Shako Bentineidis returned home to Georgia. "So nowadays, I just do some physical training. There's a basement in my apartment, a small area, but I jog there for some time to warm up, then do around 500 to 700 sit-ups and a few stretching exercises," Bajrang says. "I have a sparring partner (Jitender Kumar) but we don't have a mat so there is no chance of mat practice."

The other reason not to spar is to make sure there's physical distancing between him and his training partners. Given that wrestling requires intimate contact between the two competitors, Bajrang is avoiding any risk. He and his training partners have virtually locked themselves up in their apartment, leaving only when unavoidable.

He knows athletes are not immune from catching this disease. "We are humans as well. So it's not like we won't get affected by this. This disease, as they say, spreads from human contact. And wrestling is a contact sport. So we have to be extra careful."

## Hope, agony and defiance

With the clamour escalating to postpone the Games, some athletes are getting more vocal about re-scheduling the mega event, some are devastated at the prospect, some are waiting and watching while some claim they are unaffected by the situation

### THE GUTTED

**MIRABAI CHANU:** Having missed the Asian Games due to a back injury, the weightlifter is keen to make amends. So she is understandably

dismayed at the prospect of the Games getting postponed. Moreover, a spate of qualifying events, some of which she had planned to compete to keep herself match-fit, has been cancelled, leaving her disheartened.

"If the Olympics doesn't happen all our efforts for the last four years will all go to waste. I don't want it to cancel, I am praying to god every day. Even if it's postponed there will be a lot of problem."

### The hopeful

**MANU BHAKER:** Like any impressionable youngster before her Games debut, Manu Bhaker is enthusiastically awaiting the Olympics. But she has accepted the possibility of rescheduling, though she has been training as hard as ever.

### THE PRAGMATIST

**NEERAJ CHOPRA:** The javelin thrower has been ordered by the Sports Authority of India (SAI) to remain self-isolated for 14 days after

returning from a training stint in Turkey for an event in Patiala. So there is little training, but he's not frazzled. Rather, he says he is enjoying the rare break, which he calls a "forced leisure time."

"This is a completely different leisure time, not mixing with anybody, away from the world outside am enjoying my spare time listening to music, speaking on phone with family and friends, and reading a bit also."

### THE UNAFFECTED

**HOCKEY TEAM:** Men's hockey coach Graham Reid insists his team is unaffected by the virus scare, despite a clutch of warm-up games

being shelved. The 32 campers in Bangalore, he says, are keeping themselves in the groove by training regularly.

"We are isolated but we can carry out our normal schedule. Things are very smooth. We can't control the virus but we can control our environment. We have 32 campers here and we can play competitive hockey against each other. We are playing internal games."



## Puducherry cricket board opens dorm doors for patients

DEVENDRA PANDEY  
MUMBAI, MARCH 22

CRICKET ASSOCIATION of Pondicherry has offered the dormitories in its cricket campus to be used for Coronavirus patients. In a letter to Lt. Governor of Puducherry Kiran Bedi, P Damodaran, former president of CAP and state cricket nominee for BCCI meetings, offered the services.

"We had built a dormitory for two cricket teams to stay comfortably i.e. 30 cricketers and dining, kitchen etc in our cricket campus in Tutipet, Pondicherry. We stopped cricketing activities due to outbreak of corona virus. We can offer these facilities to house up to 30 corona infected patients if need be with necessary medical tie-up through Laxmi Medical College, Pondicherry," Damodaran stated. Pondicherry has witnessed one positive corona case so far.

The CAP was inducted into the BCCI fold after Supreme Court appointed Committee of Administrators followed apex court orders to implement Lodha committee recommendations which gave power to each state to become a member and field one cricket team. Damodaran has said that state can use these services free of costs during any emergency situation. The Indian board had suspended all its domestic cricket including cash-rich Indian Premier League after the



The facility at Tutipet can house at least 30-40 people.

Indian government suspended all visas of foreign nationals.

### Closure of cricket

BCCI secretary Jay Shah had announced the closure of cricket in the country. "In view of the ongoing Novel Corona Virus (COVID-19) outbreak, the BCCI announced that all matches of the Paytm Irani Cup,

Senior Women's One-Day Knockout, Vizzy Trophy, Senior Women's One-Day Challenger, Women's Under 19 One-Day Knockout, Women's Under 19 T20 League, Super League and knockout, Women's Under 19 T20 Challenger Trophy, Women's Under 23 knockout, Women's Under 23 One-Day Challenger have been put on hold till further notice."

## MP cricketer's father stranded in Iran

Mumbai: Anand Rajan, a Madhya Pradesh player who played for two Indian Premier League teams (Deccan Chargers and Sunrisers Hyderabad), has been anxious for a while as his father is stranded in Iran, a country struggling to cope with Coronavirus.

"As Indian government has brought back many Indians from Iran, I am hoping father comes back too," Rajan told *The Indian Express*. Iran has faced more than 20000 positive cases and 1556 have died due to Coronavirus till Saturday.

With Iran almost entirely cut off from the world, he is encountering various problems. "My father told me that the embassy will only clear travel of those people whose medical examination they conduct by themselves. I was told that the embassy doesn't have the necessary medical kit to deal with this, so time is running out. With no international flights allowed for next one week, we don't know what will happen," Rajan said.

Rajan is a medium pacer who played 40 first-class games for MP and repre-

sented Deccan Chargers and Hyderabad Sunrisers in the IPL. He has tweeted the Indian embassy in Iran for help and was promised that his father would be contacted but nothing has transpired till Saturday, he says.

He tweeted to the embassy in Iran, but is waiting for a response. "I tweeted to the Indian Embassy in Tehran, they said they will get in touch with my father but nobody got in touch till Saturday. At the moment he is fine and is staying inside his house in Qazvin which is some two hours' drive from Tehran. Back at home here there is some fear in our family as you can understand," Rajan said.

The Indian government has evacuated Indians from Iran, Japan, Milan and other parts of the world and kept them under isolation on return. Rajan, who played for India under-19, says his father has been working in Tehran for the last eight years and that he is fine now and has no symptoms of illness. "The sudden crisis has made us all worry. We want him back. At least he will be with us."

DEVENDRA PANDEY

COVID-19 FALLOUT

Maldini and Dybala test positive as ex-Real president dies

Coronavirus continues to take a beautiful game, with an Italian legend and one of the best current strikers testing positive, and a Belgian club firing its coach to cut costs

FORMER MANCHESTER UNITED PLAYER TESTS POSITIVE

Marouane Fellaini has tested positive for the coronavirus, his club Shandong Luneng said on Sunday, the former Manchester United player becoming the first known case in the Chinese Super League (CSL). The 32-year-old Belgian international midfielder has a normal temperature and is feeling fine, Shandong said, but "is under observation and having treatment at a designated medical facility."

The diagnosis dealt a blow to the league's hopes of starting the season as early as next month.

The campaign was supposed to begin last month but has been indefinitely postponed by the outbreak.

Fellaini, also formerly of Everton,

joined Shandong Luneng from English giants United in February last year for a reported €7.2 million.

DYBALA LATEST JUVE PLAYER TO CATCH COVID-19

Argentina striker Paulo Dybala said that he has become the third Juventus player to test positive for coronavirus. "Hi everyone. I just wanted to let you know that we have received the Covid-19 test results and that Oriana (Sabatini, his girlfriend) and I are positive," the 26-year-old Dybala tweeted on Saturday.

"Fortunately, we are perfectly fine. Thank you for your messages."

Italian champions Juventus said that Dybala had been self-isolating since Wednesday. "He will continue to be monitored. He is well and is asymptomatic," said the club in a statement.

Juventus teammates Daniele Rugani and Blaise Matuidi have also tested positive for the disease which claimed almost 800 more lives on Saturday, bringing the total in Italy to 4,825.

MALDINI, SON DANIEL AMONG COVID-19 VICTIMS

Paulo Maldini and son Daniel have both been diagnosed with coronavirus, according to AC Milan. Now the technical director of the club, Maldini and his 18-year-old son Daniel, a youth team player, have already completed two weeks at home without contact with others, according to the club.

"Paolo and Daniel are both well and have already completed two weeks at home without contact with others," said a statement from AC Milan. "They will now remain in quarantine until clinically recovered, as per the medical protocols outlined by our

health authorities."

Maldini, 51, is considered one of the greatest defenders of all time. He won five Champions Leagues with Milan and appeared in 647 matches.

ANDERLECHT FIRE COACH AFTER LOCKDOWN BEGINS TO BITE

Belgian giant Anderlecht have fired assistant coach Par Zetterberg to save money as the coronavirus football lockdown starts to bite. The Brussels club say they fired the 49-year-old Swede due to major revenue losses since the championship was suspended because of coronavirus.

"Professional football, as with many other economic endeavours, is faced with major challenges by COVID-19. It is having a major economic impact on the club," said Anderlecht, who won their last three league games and sit eighth in the suspended

league. "So that is why we are arming the club in the short term to better defend itself against major losses due to the championship being put on hold."

FORMER REAL MADRID PRESIDENT DIES AT 76

Former Real Madrid president Lorenzo Sanz, who was hospitalised with coronavirus, died at the age of 76, his son announced. Sanz was in charge of the Spanish giants from 1995-2000, overseeing two Champions League titles. Three days ago, Sanz Jr., a former professional basketball player, said that his father had been admitted to a Madrid hospital after suffering the symptoms of the coronavirus which has killed more than 1,320 people in Spain.

"Very sad day for Real Madrid. Lorenzo Sanz connected yesterday and today with our numbers for history - 7 and 8," tweeted

Sergio Ramos in reference to the key Champions League titles.

"His death saddens us even more in these difficult days in which we find ourselves. My deep condolences to his family and friends. Rest in peace."

LIVERPOOL STEWARDS TO OFFER HELP AT SUPERMARKETS

The chief executive of English football giants Liverpool has offered the club's stewards to local supermarkets as customers clamour for goods amid the coronavirus outbreak.

"Our stadium stewards here @LFC are offering their time and expertise in volunteering to help with crowd control, queue management, parking control, assisting the elderly and infirm taking their groceries to their cars, etc.," wrote Liverpool Football Club chief executive Peter Moore on Twitter. "They are truly the best in the business and would be delighted to help in whatever way you would deem appropriate (and safe)," he said. (COMPILED FROM AGENCIES)

IOC wrestles with logistics amid opposition to Games

REUTERS ATHENS, MARCH 22

THE INTERNATIONAL Olympic Committee faced mounting opposition on Sunday to the current schedule for the Tokyo 2020 Games as athletes, teams and federations called for a delay because of the coronavirus pandemic. IOC President Thomas Bach, who has insisted the Games will go ahead as planned, said any decision to change an Olympic Games was not a simple matter like rescheduling a football match and would need careful planning and information.

"The Olympic Games cannot be moved like a football game next Saturday," he told Germany's SWR broadcaster. "It is a complex undertaking and you can only act responsibly when you have a clear decision-making foundation." He also ruled out cancelling the July 24-August 9 Games. "A cancellation of the Games would be the least fair solution. A cancellation would destroy the Olympic dream of 11,000 athletes of 206 Olympic committees."

Sources said on Sunday, however, that Tokyo Games organisers had started drafting possible alternatives to holding the Olympics this summer. "Finally, we have been asked to make a simulation in case of a postponement," a source close to the organising committee who is involved in drafting the scenarios said.

"We are making alternative plans - plan B, C, D - looking at different postponement time-frames," said the official, adding the scenarios included cost estimates for different delays. Other sources within the Olympic movement said the IOC was likely to hold an unscheduled executive board meeting as early as next week. One source said the meeting could be "very, very early next week." The IOC did not comment. Countries have sealed borders and enforced lockdowns to fight the pandemic. The virus has killed around 13,000 people since surfacing in China at the end of last year.

As the virus triggers more restrictions and claims more victims around the globe, pressure at least to delay the event is increasing.

Aussie Rules suspends season, but NRL still on

Melbourne: Australia's hugely popular Aussie Rules suspended its season Sunday in what it called "the most serious threat to our game in 100 years", but rugby league vowed to play on despite tough new restrictions to contain the coronavirus. The bombshell move by the Australian Football League (AFL) after just one match of the season, played in empty stadiums this weekend, was unprecedented for a sport that first established a league in 1896.

"To say this is the most serious threat to our game in 100 years is an understatement," chief executive Gillon McLachlan said, with lucrative broadcast commitments at stake. Australian Rugby League Commission chairman Peter V'landys told Sydney's Daily Telegraph his sport would not follow the AFL's lead unless forced to, insisting they were better placed logistically. "It is much harder for the AFL, to be fair to them, because they have got teams in Queensland, NSW, Victoria, South Australia and Western Australia," said V'landys, who has warned suspending the season could financially destroy the game. AFP

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