New York: Crude futures surged for a second day on Friday, with both US and Brent contracts posting their largest weekly percentage gains on record due to hopes that a global deal to cut crude supply worldwide will emerge early next week. **REUTERS** 

#### **EASING WORKING CAPITAL REQUIREMENTS FOR BUSINESSES HIT BY COVID-19**

# Centre relaxes e-way bill deadline, defers restriction of input tax credit

**AANCHAL MAGAZINE** 

NEW DELHI, APRIL 4

THE GOVERNMENT has retrospectively extended the validity of e-way bills under the Goods and Services Tax (GST) regime that would have expired between March 20 and April 15 to April 30. Also, in a move that will ease the working capital requirements for businesses, the government has deferred the implementation of 10 per cent restriction on availing input tax credit during February-August, which would then be cumulatively adjusted in September.

With hundreds of trucks getting stranded across the country since March 15, when states started to lock their borders down culminating into a national



on April 2. Many trucks are stranded across the country since March 15, when states started to lock their borders. PTI

lockdown announced by the Centre, The Indian Express reported on April 2 about transporters raising concerns over potential penalties arising from expired e-way bills. Truckers were having e-way bills for goods in transit or in godowns, which

were getting expired and could not be renewed on due dates.

"... where an e-way bill has been generated under rule 138 of the Central Goods and Services Tax Rules, 2017 and its period of validity expires during the period 20th day of March, 2020 to 15th day of April, 2020, the validity period of such e-way bill shall be deemed to have been extended till the 30th day of April 2020," the Finance Ministry said in a notification late Friday. The Ministry also notified other compliance-related relaxations, which were announced earlier.

According to notified e-way bill rules, every registered supplier requires prior online registration on the e-way bill portal for the movement of these goods. The rules also specify that the permits for conventional cargo (other than over-dimensional cargo) are valid for one day for the movement of goods for 100 km, and in the same proportion for following days. Tax officials have the power to scrutinise the e-way bill at any point during transit to check tax evasion.

In October last year, the GST Council put a cap on input tax credit at 20 per cent of the eligible credit for buyers whose suppliers did not upload invoices, which was then further curtailed to 10 per cent in the GST Council meeting on December 18.

Abhishek Jain, tax partner, EY said. "The relaxation for allowing cumulative reconciliation via-a-vis month on month reconciliation for availing input tax credit was an imperative one to obviate higher cash flows and to reap the benefit of the relief provided through extended timelines for filing of GST returns".

### Virus, lockdown take toll on mental health: Stress, anxiety, insomnia rise as people fret over future

**PRABHARAGHAVAN** NEW DELHI, APRIL 4

NOIDA RESIDENT Preeti (name changed) has not slept for four days because she has been experiencing "paralysing" anxiety. The nationwide lockdown has aggravated her paranoia over COVID-19 and intensified her depression and anxiety.

It doesn't help that she can't get the face-time she needs with her counsellor. To make up for this, they speak multiple times a day over the phone. The thought that goes over repeatedly in Preeti's mind is — "When is this going to

The pandemic and ensuing lockdown in India have exacerbated symptoms like anxiety in those with existing mental health conditions. The isolation and uncertainty has also prompted some to seek professional help for the first time. Issues range from fears about the virus to worries about job security and manifest in different ways across states and classes.

Delhi-based consultant neuropsychiatrist Dr. Umang Kochhar estimates a 20 per cent increase in the number of patients during the lockdown period. This includes those who may have sought his help in the past, were "stable", but now see a "spike" in symptoms. "Sleep is one thing that has been impacted the most," he said.

Last week, the National Institute of Mental Health and Neurosciences launched a national COVID-19 psychosocial helpline in conjunction with the Health Ministry. On the first day, they received 1,000 calls. On the second— 3,000.

"Many states have also started regional language helplines," said NIMHANS director BN Gangadhar.

Other long-standing mental health organisations have had to find new ways to be accessible during the lockdown.

For instance, Mumbai-head-

Around half the calls to mental health organisations concern rising tension over **COVID-19**, increasing domestic violence and the effects of the lockdown on jobs

quartered psychosocial helpline, iCALL, announced three new numbers after the lockdown prevented its counsellors from reaching the office helpline. The new numbers were "flooded" with calls, but iCALL has only been able to cater to 55-60 a day instead of its usual 75-80 because of a shortage of counsellors. It is adding more counsellors.

Around half the calls concern rising tensions over COVID-19, increasing domestic violence and the effects of the lockdown on jobs and personal finances. "The calls are not only coming from upper or middle-class people, but also daily wage workers who do not know where they will get their next day's pay from," said iCALL programme coordinator Tanuia Babre. West Bengal-based activist

Ratnaboli Ray, founder of mental health rights organisation Anjali, explained that mental health issues take on different shapes for those living in poverty. "Poor people who had been reintegrated in the community and were leading a meaningful life are feeling resourceless and their anxiety levels have gone up. They are worried they will have to die out of hunger, or how they will access the medication they are on."

"The effect is going to be large, widespread and in a sense, perhaps, long-lasting," said Sitaram Bhartia Hospital consultant psychiatrist Dr. Alok Sarin. "At the moment, everybody has a sense of fragility. Anxiety is now the new normal," he elaborated.

#### **BRIEFLY**

#### Govt puts curbs on export of diagnostic kits

New Delhi: The government Saturday put curbs on exports of diagnostic kits with a view to discourage shipments amid the coronavirus outbreak. "The export of diagnostic kits (diagnostic or laboratory reagents on a backing, preparation diagnostic or laboratory reagents)... is restricted with immediate effect," the Directorate General of Foreign Trade said.

#### 'More time to individuals to file TDS exemption'

New Delhi: The Income-Tax Department has allowed individuals to submit Form 15G and 15H for the current fiscal after June 30 for claiming exemption from TDS on interest income to mitigate the hardship of people amid the COVID-19 crisis. Forms 15G and 15H are filed by persons, whose incomes are below the taxable threshold, to seek exemption from TDS on interest income. PTI

#### ITC partners NGOs to deliver food supplies

New Delhi: ITC has joined hands with three NGOs in building a network to deliver essential food supplies to those severely impacted by the current lockdown, as per a release. Child Rights and You, SOS Childrenâs Village India and another eminent NGO will help implement this initiative. This program will be implemented by the respective volunteers of the NGOs in each state. **ENS** 

### 107 cargo flights ferried over 138 tonnes of PPEs, enzymes, medical gear

**ENS ECONOMIC BUREAU** NEW DELHI. APRIL 4

MORE THAN 138 tonnes of cargo comprising COVID-19-related reagents, enzymes, medical equipment, testing kits, personal protection equipment like masks and gloves and other accessories have been transported through the country in 107 cargo flights operated between March 26 and Friday. These flights, flown by private

carriers IndiGo and SpiceJet, in addition to Air India, Alliance Air and Indian Air Force, have been operated under the Ministry of Civil Aviation's Lifeline Udan scheme. The Ministry has established a

**BRIDGE** 

♠ KJ6

**♥**QJ3

**♦** 92

**♣**KQ6

**WEST** 

Pass

Dealer East, nil vulnerable

WEST

**♦** 10742

**♦** 87543

**105** 

**♣**K7

3NT

West leads the H10. Plan the play

play go after West has led the ten?

tive of how the heart play goes.

the defenders with no answer.

SOUTH

AQ

₩AJ6

NORTH

Pass

1

Pass

♣KQ9643

Dealer East, both vulnerable

♦ A86432 ♦ KQ

NORTH

**♥**53

WEST

Pass

Pass

plan the play?

**★** K852

NORTH

hub-and-spoke model to distribute various essential items across the country, wherein these commodities sourced from various parts of the country are first brought to various hubs such as Delhi, Mumbai, Chennai, Kolkata, Bengaluru and Hyderabad.

Thereafter, these goods are distributed to different state capitals or other towns as per requisitioning by state governments. Additionally, an "air bridge" between Shanghai and Delhi has been established by Air India, which will operate its first cargo flight to the Chinese city on Sunday, in addition to other dedicated scheduled cargo flights for uplifting of critical medical equipment from China.

SOUTH

**♠** A O 5

**₩** A72

**♦** AJ10

**♣**J953

SOUTH

Pass

**EAST** 

**◆**983

**♦** KQ6

**♣**A2

**EAST** 

INT

Pass

We can see that, with the king conveniently sandwiched be-

tween the solid queen-jack and the ace, North-South will win

two tricks out of the first three for one lost, but how does the

We can see three spade tricks, two hearts, at least one diamond,

probably two as the honours are likely to be well placed under

our tenace, and thus the long clubs will need to be established

for three tricks after the ace and king have been knocked out.

Again, which defender wins these top club tricks will be cru-

cial. The first point to realize is that, if East has both ace and

king, there is no hope as the defenders are a move ahead. On

winning his first club, East will knock out our second heart

stopper and, on winning his second club, he will be able to cash

three more hearts for down one and this all applies irrespec-

The critical case thus arises when West has one of the club ho-

nours and is able to win the first round of that suit while his

partner's entry is kept intact – in other words when the clubs

are breaking 2-2 as above. If West is able to lead a second heart,

then the contract will be set. However, if he has been exhausted

of hearts before taking his club trick, we are a move ahead and

So we see that, in situations where the declarer won the first

trick, the defence prevails and vice versa. However, we can in-

sist on losing the first trick, while still keeping our double stop-

per intact, by playing a small card in both hands. This leaves

**EAST** 

Pass

Pass

West leads the H7 to the H3 and East's HQ. How do you

our clubs will come in first, allowing us nine tricks.

**♥**K986

**QUICK CLUES** 

As\_

17.

19.

23.

24.

25.

**DOWN** 

1984 sci-fi thriller (10)

Southeasternmost hill of Rome

: in perfect health?

Beauty powder (4)

Give strength (10)

Chess piece (4)

16. Erudite - academic (7)

Not used to (12)

Samoan seaport (4)

In a very large number (1,5,4)

Grandeur or splendour (12)

Leaving or giving up completely

Adversaries, antagonists or rivals

Difference of opinion (12)

Cheer a group of whales, with

more moving into place for

Raises containers for part of lock

Have fun etc.; I'm in effect very

Article written by sailor in Scarlet

O'Hara's former residence (4)

Stuffy idea to get involved with

A small quantity of Latin? (7)

How rare to injure battle legend

Are greetings adapted for giving

agency students were initially

SUDOKU

International development

No more one might tell a

successful bidder (5,4,3)

16. Suspect calls about debt (7)

guidance?(8,4)

ancient pursuits (10)

generous (10)

the nur. (7)

(3,4)

Cranial nerves (10)

Slave or serf (4)

Be jealous of (4)

Nerd(4)

Drape (7)

Hazard(7)

Amass (10)

14. Enticement (10)

19. Overflowing(7)

21. Italian volcano (4)

18. Feed bag (7)

22. Sight (4)

**CRYPTIC CLUES** 

Many(7)

Associate (7)

**ACROSS** 

### Low crude prices, fall in imports, rise in value of gold help forex reserves surge

ENS ECONOMIC BUREAU NEW DELHI, APRIL 4

DESPITE THE continued outflow of funds by foreign portfolio investors in March, foreign exchange reserves saw a jump in the week ended March 27, as it rose by \$5.7 billion to hit \$475.6 billion. While low crude prices continue to help the cause, in the week ended March 27, India witnessed a rise in the value of its gold reserves and a rise in foreign currency assets.

The rise in reserves come after two consecutive weeks when the reserves came under pressure. While they had hit an all time high of \$487.2 billion on March 6, they fell \$17.3 billion over the following two weeks to \$469.9 billion on March 20. The

SUNDAY CROSSWORD 2263

Surprising old boat in backward

Mediterranean island (French

Sounds like the opposite of ayes

rent-payers who have tenants of

and on the dot when on it (4)

Bes result's available by these

Meaty parts for bad actors (4)

Don't quote me, but it's taken

from the album (3-3-6)

Wealthy doctor and needy

Not quite clearing it, coming

towards the end (6,4)

get after the feller (6-6)

14. What chocolate eaters do on

bicycle (6,4)

eccentric(7)

Yearn to find the colour one's lost

Detailed to appear in court again

Tourists may go to see something

cheekily displayed by ladies (6,4)

Something warm to put on and

U-boat raid results in surrender

ocean)(10)



THE SHARP decline in crude oil prices over the last one months has helped India's cause as crude oil import accounts for almost 20 per cent of total import bill.

decline in reserves coincided with FPI outflow that amounted to \$15 billion till March 19, 2020.

During the week ended March 27, while the value of gold reserves jumped by \$3 billion, the foreign currency assets rose \$2.5 billion. On the other hand, the net outflow by FPIs from debt and eq-

uity markets between March 20 and March 27 amounted to \$3.5 billion. Experts say forex reserves are

benefitting from falling imports. "Whenever global growth slows down, our current account deficit looks better. While the exports also decline, the imports fall more since we are net importers and that results into a rise in foreign exchange reserves," said DK Pant, chief economist, India Ratings. The sharp decline in crude oil

prices over the last one month has helped India's cause as crude oil import accounts for almost 20 per cent of total import bill. Earlier, India's foreign exchange reserves had a smooth run for nearly six months as they rose week-onweek between September 20, 2019 and March 6, 2020.

### If it's your Birthday

**Sunday April 5** 

You're on top of the world, or at least you should be. If you have a weakness, it's your inability to see how well off you are. If you have a special strength, it's your ability to work hard to improve your lot.

Monday April 6

Events which take place today could foreshadow opportunities of the next two weeks. It's a moment for quiet thought and discreet agreements.

**Tuesday April 7** 

You might feel as if you've been here before. But this time round you should have much more control. That's good because you'll have a better idea of what to do about monetary matters.

Wednesday April 8

If you've got the figures right then spare no expense when it comes to home entertaining. You can either invite the whole gang over or have a quiet, intimate dinner.

Thursday April 9

It's a dynamic time, full of potential for positive experiences. You can either give in and go under, or you can meet the challenges and obstacles head on.

Friday April 10

For someone who is supposed to be so humble, you certainly have a great deal to achieve. Great times lie ahead if you are prepared to lay your reputation on the line.

Saturday April 11

You've got plenty of good ideas, the ability to put them into practice and the faith in the future. The worst thing you can do now is start to feel sorry for yourself.

new role in your financial life.

Friday, when the Moon, the planet responsible for your emotions, passes through a sympathetic region of your chart. Even better, other people will genuinely

LEO(July 24 - Aug 23)

experience some sort of difficulty, mainly a clash between shortterm domestic responsibilities and long-term hopes. But what is important is that you develop your creative talents, rather than blindly submitting to a routine imposed from outside.

VIRGO (Aug 24 - Sep 23)

time of the Solar alignments in the

more of an effort to explain please see to it that all travel plans are set out clearly and without ambivalence or ambiguity.

### LIBRA (Sep 24 - Oct 23)

You'll have a little

support from the

beginning of the

This is no time for

Instead, you must be

weak-kneed

compromise.

tough and unyielding, as only a

satisfaction from pursuing your

about being selfish. Fascinating

own goals, so don't feel guilty

news may arrive at the end of

the week — so that should stir

SAGITTARIUS (Nov 24 - Dec 23)

increased

opportunities for spreading a

little goodwill, helping people

adopting a charitable outlook.

You should be liberated from a

tight financial corner by the end

worse off than you and generally

It's a week for plots,

You'll also discover

rumours and gossip.

Scorpio can. You will gain an

enormous amount of

things up.

Moon at the

week, which is a sure sign that

situation. Yet a financial crisis,

flare up on Wednesday or

Pluto get into top gear.

Thursday, when the Sun and

SCORPIO (Oct 24 - Nov 23)

you'll feel good about your home

hopefully a brief one, is bound to

ARIES (Mar 21 - Apr 20)

seem to be causing a few problems, although it is difficult to see whether it is partners or you who are to blame! It is reassuring to note that your longterm celestial influences are very prosperous indeed. Romantic

prospects are also set to continue on a high note. TAURUS (Apr 21 - May 21) You seem to have been knocked off balance, perhaps by someone who no

longer understands your best interests. However, over the next few days you may pull yourself together and assert yourself ever more than in the past. You can expect dramatic improvements by the end of the week.

to be more satisfying than one-to-one meetings. Perhaps that is because you wish to avoid the complications that may arise out of intimate encounters. Money developments may be off the agenda until the end of the week, when the Moon begins a

CANCER (June 22 - July 23) Your best days should be Thursday and

understand your hopes and needs, which should make you feel happier and more confident.

Professional Leos have most to gain from the Sun's current motion. All of you with grand ambitions will

Misunderstandings are likely around the

middle of the week. Have you by any chance considered making yourself? If not, do so now! Also,

YOUR WEEK AHEAD

Monetary matters

GEMINI (May 22 - June 21) Group events promise

CAPRICORN (Dec 23 - Jan 20)

The Sun continues to help you, which is surely good news. Take a closer look at

of the week.

a number of your engagements, especially social responsibilities and see if there are any that can be safely abandoned. Do what you can to create the right conditions for a more carefree existence.

AQUARIUS (Jan 21-Feb 19) The emphasis on close partnerships is still very strong,

although it looks as if you'll be communicating at a distance, via letters and telephones, rather than through personal meetings. The one percent of you who have fax machines will be receiving

PISCES (Feb 20 - Mar 20) You can be much too ready to



perfectly well.

strange messages.

seize the opportunity presented by helpful lunar patterns to push yourself forward and make other people understand just how much you have to offer. There is no turning back, as I am sure you realise

## Answer: When anger rises, think of the consequences. - Confucius

### **JUMBLED WORDS**

Given below are four jumbled words. Solve the jumbles to make proper words and move them to the respective squares below. Select the letters in the shaded squares and jumble them to get the answer for the given quip. \_\_, think of the consequences. - Confucius (5,5)

SOUTH

3NT

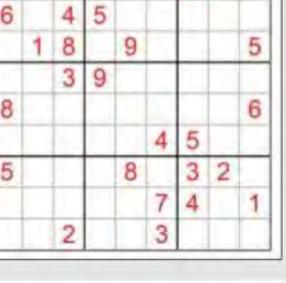
**CESUNS** DRAEE **BEIRR ATUUGS** 

SOLUTION: EARED, BRIER, CENSUS, AUGUST

**Difficulty Level 5s** Instructions To solve a Sudoku puzzle, every digit from 1 to 9

must appear in each of the nine vertical columns, in each of the nine horizontal rows and in each of the nine boxes.

Difficulty Level 1s = Very easy; 2s = Easy; 3s = Medium; 4s = Hard; 5s = Very Hard; 6s = Genius



Fellow with the unlined gold

Bird behaving like a dog?(7)

Male bridge partners being

Solutions to 2262

**QUICK CLUES Across:** 1 Adequacy, 5

Odessa, 9 Rattling, 10 Assent, 12 About,

Antonym, 21 Creepy, 23 Metallica, 25

Criminal. Down: 1 Abroad, 2 Extrovert, 3

Unlit, 4 Congest, 6 Dissolute, 7 Steer, 8

Antidote, 11 Mars, 15 Annulling, 17

Expulsion, 18 Harmless, 20 Main, 21

Charger, 22 Kernel, 24 Trini, 25 Claim.

Bought off, 14 Marble, 16 Goes out, 19

26 Elijah, 27 Petrarch, 28 Slacks, 29

Lugsail, 21 Points, 23 Colostrum, 25 Jiffy

Einstein. Down: 1 Roquet, 2 Press gang, 3

Ictus, 4 Trouble, 6 Parcheesi, 7 In i go, 8

Graffito, 11 Jung, 15 Bean stalk, 17 Out of

true, 18 Slackers, 20 Lark, 21 Pompeii, 22

Python, 24 Leila, 25 Jerks.

CRYPTIC CLUES Across: 1 Repaints, 5

Spring, 9 Question, 10 Troika, 12 East's, 13

13 Enamoured, 14 Recant, 16 Student, 19

Calve, 26 Elixir, 27 Agrarian, 28 Stings, 29

Competent Hollywood star's no

cloak(7)

good(4)

females (4)

**SOLUTION SUDOKU 4169**